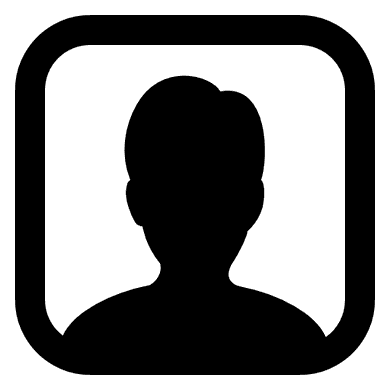
[](https://maxcdn.icons8.com/windows8/PNG/512/Users/name-512.png)

**Emily Whelan**

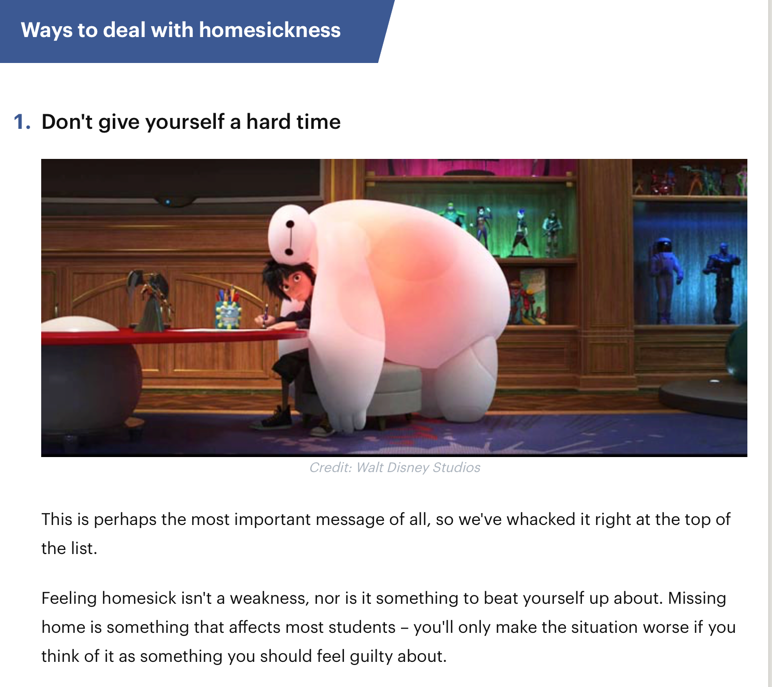
Wellbeing Officer

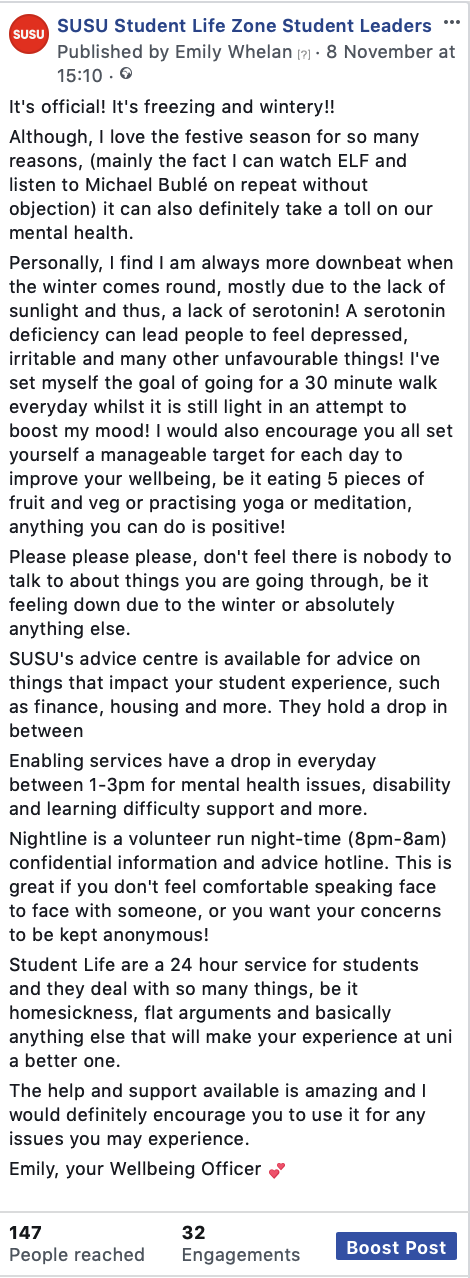
Officer Email: ekw1g17@soton.ac.uk

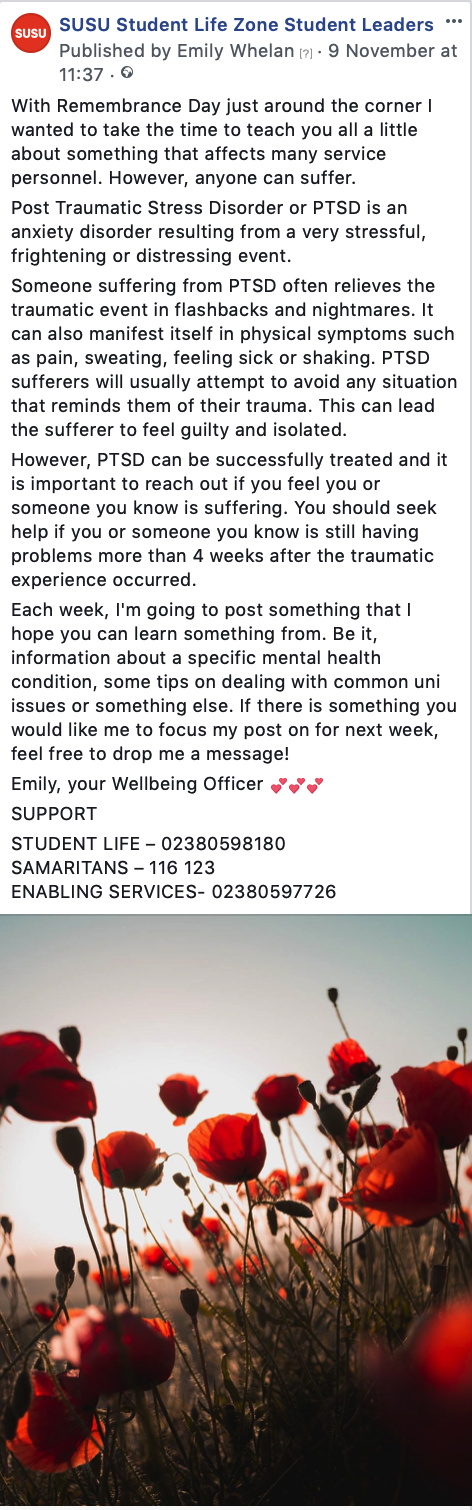
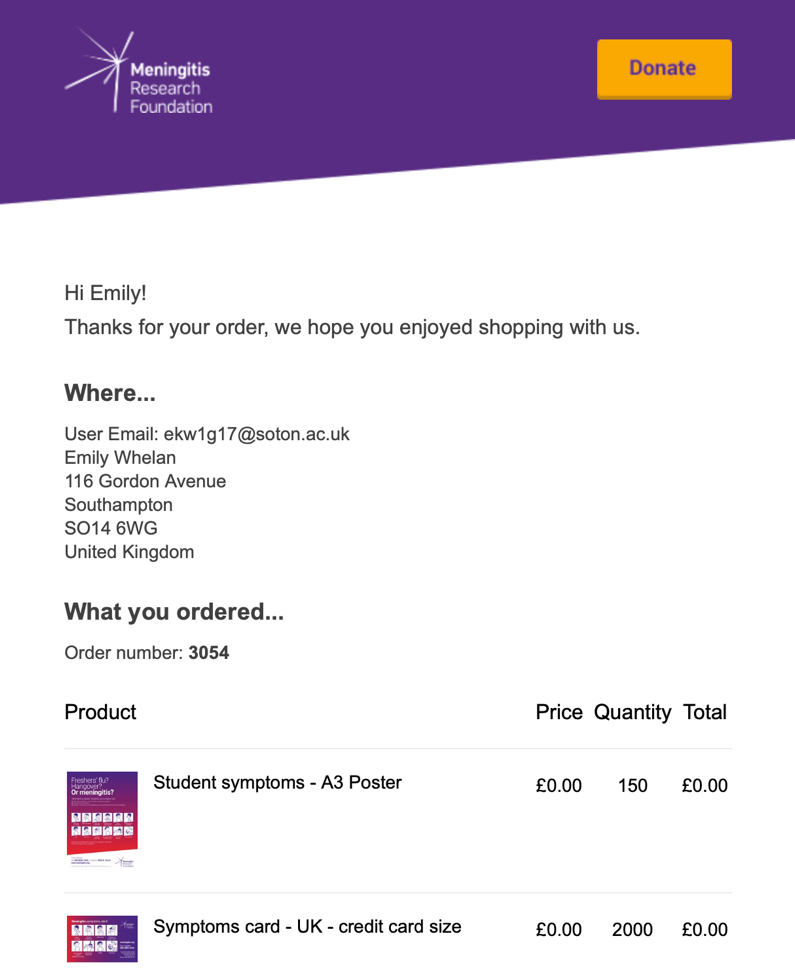
*The details in this report reflect progress made since the last meeting of the zone committee, which took place on 22/10/18\_.*

*Minutes of previous meetings can be found on our website here: https://www.susu.org/representation/minutes/1276*

|  |  |
| --- | --- |
| **Progress Report** | |
| **Personal Goal: Aims to focus on meningitis awareness.** | * I have been researching more about meningitis to ensure I am best prepared for a campaign. * I have been drafting ideas regarding a campaign possibly scheduled for the beginning of semester 2. * I am awaiting delivery of 150 vaccine posters, 1500 vaccination flyers, 150 symptom posters and 2000 credit card sized symptom flyers to distribute to students. |
| Progress: 1 |
| **Personal Goal: Aims to focus on Homesickness, especially destigmatising.**  Progress: 1 | * I haven’t worked properly on this yet although am planning to have something in the new year. People return after Christmas and can miss home a lot after settling in to a routine at home. * I am thinking perhaps producing a leaflet or a graphic with top tips to combat homesickness and things that help other students. * I have been recording my own feelings and asking friends about their feelings surrounding homesickness in order to focus on the right things during my campaign. |
| **Personal Goal: Aims to focus on increasing the visibility of support services.**  Progress: 1 | * I have done a number of Facebook posts on the page to try and make us as student leaders more visible. I am hoping that students will feel that they can approach us for advice or signposting either in person or on the Facebook page. * I am hoping to create a short video highlighting the support services and what they can help with. I’m not sure as to the best way to go about this. |
| **Zone Goal:** |  |
| Progress: 0/1/2/3 |

*Pictures/links to blog posts relating to the work in this section:*

**

**

|  |
| --- |
| **Future Plans/AOB** |
| * Attended Senate Meeting on 20/11. Would encourage everyone to read the minutes from it. |
| **Additional Comments:** |