

Wellbeing Committee By-Law



BL-SL-2

This By-law sets out the workings of the Wellbeing Committee. You should read it in conjunction with the Student Life Zone By-law.

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1. Purpose

This section is taken from the Student Life Zone By-law, section 3.

1.1 The purpose of Wellbeing Committee is:

- (a) To ensure that the student health issues are at the forefront of activity within Student Life Zone.
- (b) To ensure that financial health for students is developed as an area of work within Student Life Zone.
- (c) To ensure that sexual health awareness is at the fore front of student welfare.
- (d) To support the Wellbeing officer and all other areas of his work – running campaigns, events and building awareness.

2. Membership

2.1 The membership of the Wellbeing Committee is:

- (a) Mental Health Co-ordinator
 - (i) Work with the Wellbeing Officer and VP Welfare to organise campaigns that tackle mental health discrimination and reduce the stigma behind mental health, supporting SUSU's commitment to the Time to Change pledge.
 - (ii) Work with the Advice Centre Manager and relevant student/external groups to strengthen SUSU's work on mental health.
 - (iii) Report any issues to the Wellbeing Committee and work with Wellbeing Officer to identify and implement the best course of action to correct these issues.
- (b) Sexual Health Co-ordinator
 - (i) Work with the Wellbeing Officer and VP Welfare to support the development of sexual health provisions within SUSU by running campaigns and awareness events.
 - (ii) Report any issues with sexual health provisions to the Wellbeing Committee and work with the Wellbeing Officer to identify and implement the best course of action to correct these issues.

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- (iii) Take the lead on the development of the provision of sexual health information, keeping information up to date and looking for ways to reach as many students as possible.
- (c) Financial Health Co-ordinator
 - (i) Work with the Advice Centre Manager and the University to ensure SUSU is giving sufficient advice, support and information to students regarding financial health.
 - (ii) Work with the Wellbeing Officer and VP Welfare to develop campaigns, awareness events and information that can be distributed to students.
 - (iii) Report an issues to the wellbeing committee and work with the wellbeing officer to seek the best course of action to address these issues.
- (d) Healthy Living Co-ordinator
 - (i) Work with the Wellbeing Officer and VP Welfare to develop the healthy living provisions that SUSU provides.
 - (ii) Report any issues to the Wellbeing Committee and look for the best course of action to address these issues.
 - (iii) Work with the Wellbeing Officer to help develop SUSU's healthy living policies and activities and liaise with the Sports Zone to accomplish key aims.
- (e) Substances Co-ordinator
 - (i) Work with the Wellbeing Officer and VP Welfare to address issues with substances in SUSU which includes alcohol, legal and illegal highs.
 - (ii) Report on any issues to the Wellbeing Committee and look for the best course of action to address these issues.
 - (iii) Be the student lead along with Wellbeing Officer on the development and delivery of a substances campaign, working with the Advice Centre to improve the information provided to students.

3. Meetings

- 3.1 The Committee should meet at least twice per term.

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- 3.2 The Chair shall ensure agendas and papers are circulated at least 2 clear working days in advance of meetings.
- 3.3 Minutes of each meeting shall be reported to the next meeting of the Zone Committee.
- 3.4 Quorum for decisions is one-half of the elected membership of the Committee.