



**Jessica Sainsbury**  
FELS Faculty Officer

Officer Email:  
felssusu@soton.ac.uk

The details in this report reflect progress made since the last meeting of the zone committee, which took place on \_\_\_\_\_.

Minutes of previous meetings can be found on our website here: \_\_\_\_\_

Progress Report	
Personal Goal:	<b>Initial aims for 2018/19</b> <b>Building a FELS Community.</b> Is there a requirement for a formal Faculty Forum as we will have the usual Department / School SSLC's and School Forums where the School is large enough to have many Departments (Health Sciences). Therefore could the focus at Faculty level be about networking between disciplines, and showcasing and championing the many successes we have within the new Faculty? One event per semester, the first being a 'meet the staff and student ambassadors' event. Could also incorporate the 'Geog seminar series/ Wessex CCP series etc' – encouraging students and staff from across the Faculty to engage and attend.
Progress: 0/1/2/3	<b>Student Mental Health.</b> SUSU have the ability to run 'Look After Your Mate' training for students, the workshops use CBT approaches to recognise emotions and subsequent behaviours which are causing distress 'to your mate' and offering strategies to promote self-management. I had initially asked about the possibility of them rolling this out to Nursing students, as I am keen to build emotional resilience skills within the Nursing community but the more I think about it the more I think it's applicable to all students no matter what discipline. <b>Closing the feedback loop.</b> Empowering our academic reps, from course rep level, to deliver clear, concise, and regular updates to the student body. This can be both online and in person, with coaching being given to those who are hesitant about public speaking. <b>Open door policy across FELS.</b> Introduce regular (weekly) drop ins for students with members of the Programme Teams in a dedicated room PLUS an 'open afternoon' every week where students can come freely to Academics 'desks' without booking an appointment.

	<p><b>Communications Policy across FELS.</b> Clear communications policy for both staff and students. Setting out expectations, timelines, and guidance regarding communication methods.</p> <p><b>NSS Awareness Campaign.</b> Student Ambassadors to take the lead in an awareness campaign for the NSS. Running through the types of questions they will be asked, how their ratings will affect the Faculty in the future, what the ratings actually mean.</p>
<b>Zone Goal:</b>	
Progress: 0/1/2/3	

*Pictures/links to blog posts relating to the work in this section:*

<b>Future Plans/AOB</b>
<p>Plan to meet with SUSU Ethics and Environment Officer, Lucy Stephenson, to organise a FELS event which focuses on Environment and Sustainability and choices/ practices both on and off site.</p>
<p><b>Additional Comments:</b></p> <p>My main focus over the start of this semester has been in regards to relationship building between SUSU reps and Academic Staff. FELS has understandably had a unstable start with the merge of diverse departments and faculties from the old structure, but I am pleased to report that we are getting there. This year my focus will be on the aforementioned aims but also about keeping it simple and setting the foundations for our staff/student relationship for this new Faculty.</p>