The details in this report reflect progress made since the last meeting of Union Senate, which took place on Tuesday 12th February.

Minutes of previous meetings can be found on our website here: https://www.susu.org/representation/minutes

<table>
<thead>
<tr>
<th>Leading the Union</th>
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</thead>
<tbody>
<tr>
<td>Goal 1: To increase awareness raising relating to healthy well-being and support services available.</td>
</tr>
<tr>
<td>24/7 Support Service Information received by 6,000+ Students</td>
</tr>
<tr>
<td>#StayFresh and Halls Roadshows</td>
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<tr>
<td>Welfare Representatives in Sports Guidance Page</td>
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<tr>
<td>#WelfareWednesday Podcast</td>
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<tr>
<td>World Mental Health Day</td>
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<tr>
<td>PG Welfare</td>
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<tr>
<td>Emily Harrison, Vice-President Student Communities, and I have been working together to ensure that PGs are not forgotten in the UoS or SUSU support offer. We met with Isolutions to discuss better signposting of support services on the UoS website, computer desktops and BlackBoard.</td>
</tr>
<tr>
<td>Time to Talk Day</td>
</tr>
<tr>
<td>University Mental Health Day</td>
</tr>
<tr>
<td>The theme of this years UMHD was #UseYourVoice, we organised a variety of activities across sites.</td>
</tr>
<tr>
<td>• Hope Virgo, author and mental health campaigner shared her experiences of anorexia in a guest speaker event. We also recorded a video with her so that students at any site were able to be involved. You can rewatch here:</td>
</tr>
</tbody>
</table>

Isabella Camilleri
Twitter: @SotonVPWelfare
Email: vpwelfare@susu.org
Facebook: /SUSUVPWelfare
Image 1: A screenshot of SUSU Facebook page sharing the UMHD video, where Hope Virgo speaks about mental health

- SUSU Instagram story Q and As takeover about mental health support with the manager of Enabling and Student Life!

Image 2: University Mental Health Day graphic.

- Students’ Common Room at Southampton General Hospital. A cake and chill event, organised by SUSU, with the opportunity to write encouraging notes to friends on a range of positive message postcards.
- Positive message postcards were also available at Highfield reception.
- We had a free Zumba session
• Tea and Talk sessions at every Halls of Residence, led by student life.

We worked with the University to ensure we had enough staff resources to have events at as many sites and halls as possible. This worked really well and was so well received! Since, we have collated a year calendar of shared mental health and wellbeing events, so that we can continue this really effective collaboration for the benefit of students! 😊

Image 3: A selection of postcards that were stamped and available for students to send a positive message to someone.

Support Service Video

I have produced a support service video with our videographer to make it easier and more accessible to know what support services are available, where they are and when and how one can access them. This video is being released on social media and on the website, as well as being shared with new students and staff!

Goal 2: To be a SU that leads on sustainable initiatives.

TAW- #SUSUTransAwareness

GNTS

I am continuing to locate self-contained cubicles so that they can be mapped on Southampton Maps.

I submitted feedback from Trans Awareness Week to Sport and Wellbeing, asking them to provide hangers by the showers so that people are able to cover themselves after a shower. Furthermore, I asked for gender-neutral bathrooms and changing rooms in the news developments in the centre.
I have requested GNTs to be included in the new South Gower building being developed.

Asylum Seeker and Refugee Support and Scholarship Proposal

Met with the University's Vice-President International and Director of Student Experience to discuss my proposal to offer asylum seeker and refugee scholarships. The University has declined taking action as they predict to help one person through studies it would cost £100,000. I don't believe this figure to be accurate, especially when we have spaces in Halls that could be filled (so there would be no actual calculated cost). I am asking for a breakdown of their sum figure and will continue to enforce the motion that we should (as a dispersal centre and Russell Group University) be providing this support.

Following this, I wrote and presented a petition at the sustainability networking event, where I gained student opinion on the matter. The students in attendance were very on board and I created a petition online. Please check my Facebook page and sign it!

Image 4: A screenshot of support from a student for asylum seeker and refugee support from the University.

LGBT+ History Month (continued)

We had our first SUSU Pride Parade! It was a really awesome event, with a good turn out and loads of enthusiasm. It was awesome to walk around campus with students and staff, waving our hand-made banners in support and celebration of LGBT+ rights and people!
The parade was followed by a party in The Bridge, representing queer musicians. We had live performances from bands, including Hunting Hearts.

We also continued to share inspirational LGBT+ people throughout the month on social media channels and screens.
One of our inspirational LGBT+ figures that was shared during the month.

**Brunei House rededication**

Isabella Camilleri is with Steve Gore and 3 others.

April 8 at 12:26 PM

We ask the University of Southampton Residents to rename and rededicate Brunei house.

The Students’ Union stands with Southampton University LGBT+ Society 2018-19 against new anti-gay legislation now signed into law by Sultan Hassanal Bolkiah, which includes punishment of death by stoning for gay men and 40 lashes for gay women.

*SUSU supports LGBT+ Society against Brunei regime*

The University of Southampton Students’ Union stands with SUSU LGBT+…

Chloe Gemma Taylor, Ned Williams and 5 others

*Image 8: One of our inspirational LGBT+ figures that was shared during the month.*

*Image 9: A screenshot of a post stating SUSUs support in asking the University to rededicate and rename Brunei House, in light of new anti-gay laws.*
I attended a trans inclusivity conference, lead by local gender-identity charity Chrysalis. It was really informative and raised lots of ways we as an organisation can be more trans-inclusive. I am typing up the notes to share with our organisation and will meet with HR to discuss implementing positive, inclusive changes.

Goal 3:
To ensure that SUSU and the University offer quality support services and consider student wellbeing at the heart of their operation.

**University/ SUSU Regular Communication**

**UEB/ Mental Health Framework Working Group**

Each representative from the working group was tasked with conducting an audit of their service areas, in order to see what areas are good at and what areas need improving mental health support and provision. The data has been collated from each area and the results will be used to inform our submission to the University Executive Board to fund activity and support that will benefit student mental health.

**Student Minds Mental Health Charter**

Awaiting contact from Student Minds about going forward with this. This is a long-term development that I will ensure to pass over to VP Welfare and Community.

**You Are More Than (YAMT) #YouAreMoreThan**

Spring/ Summer YAMT! Sam and I have been organising a variety of free wellbeing events for the dissertation and exam peak periods this spring/summer. We have provided:

- Smoothies and highlighters at sites
Image 11: Me with two big jugs. Sam and I giving out smoothies at NOCs.

Image 12: Smoothie and highlighter give away outside Hartley Library

- Safety Bus running until 2am
- Healthy and cheap meal how-to video!
- BBQs in Halls
- Free Zumba
You are more than your studies.
Free Zumba sessions
Various dates & locations
In partnership with

Find out the full list of activities at:
www.susu.org/yamt

Image 13: Graphic advertising free Zumba sessions with Zumba+ Society

- Free sports classes
- Free meditation
- Chill out space
- Study rooms
- REPTILES

Another great #YouAreMoreThan event 😊

Thank you to Natural History Society, UoS and Jake Robert Weeks for the fantastic day.

We have many more events coming up for #YouAreMoreThan, so keep an eye out on our SUSU Facebook or head to www.susu.org/yamt for more info! ...

See More

Image 14: A still from the YAMT Reptile event video.

University of Southampton Students' Union
March 20

Lizards, frogs, and snakes, oh my! Thanks to Natural History Society, UoS for hosting today's fantastic reptile event for You Are More Than, it was one in a 'chameleon' 🌿!

There are still lots more events to come this Summer! See what's next at www.susu.org/yamt
Sexual Health and Consent Campaign

Worked with Sexual Consent Awareness (SCA) Society and Wessex Scene to conduct a sexual violence survey. The survey is still ongoing and we have been promoting the “your voice has power” campaign at our events.

Cake and Condoms, “come for the condom, stay for the cake” are running in February at different Halls sites, to promote SCA’s sexual health and consent awareness month.

The survey has now closed and the results and our plan going forward is being presented at a public event- this will be shared by SUSU so look out for when and where it is.
**Sexual Consent Classes**

In December, we created a Sexual Harassment, Assault and Rape working group, with Steve Gore and members of Student Services at the University and SUSU.

The aim of the group is to improve consent awareness to all members of the University community, improve the reporting system and improve our current support offer for sexual harassment, assault and rape.

Meanwhile, Sarah Eames, with help from Laura Barr, has done a fantastic job of successfully lobbying the Faculty of Medicine to trial a consent workshop, led by the fabulous Yellow Door, that the University have been providing similar workshops with for student support staff.

After the initial trial workshop, Sarah’s plan of implementing these workshops across the faculty is now underway as a pilot to judge whether it can be implemented across all faculties! Funding to put on these pilots was granted by SUSU, the Medicine Faculty and the University.

Lots of positive work taking place by our students and staff at SUSU and UoS for the safety and wellbeing of our students!

**Sexual Violence working Group w/ UoS**

Our working group has had a very busy term. We have collated data from National studies and also our local SCA/SUSU sexual consent survey to see what areas we can improve support and awareness. We have created a list of actions where we want to see improvements in the University’s offer for sexual consent awareness and support. This is being proposed at University Executive Board on the 15th May.

**Mind, Body and Medicine MedSoc Event**

I spoke at and took part on the Q and A panel at MedSoc’s guest speaker event. This was a great event, led by MedSocs welfare officer. I shared support services and took feedback from students about what they’d like to see improved.

**Additional Comments:**

*Pictures/links to blog posts relating to the work in this section:*

**New Ideas**

<table>
<thead>
<tr>
<th>Goal 1: Improve offering and impact of Union safety initiatives and the student awareness of these</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Southampton Common Forum (SCF) Safety and Transport Working Group</strong></td>
</tr>
<tr>
<td><strong>Southampton Common Forum Management Committee</strong></td>
</tr>
</tbody>
</table>

I have helped with consultation to the public on the establishment of a Southampton Common Foundation. The creation of which would enable SCF to apply for funding to help its activities (#YourCommonYourSay), as a recognised charity to a range of stakeholders. Furthermore, it’s going to help SCF make
I have been promoting consultation and opportunities for students to have their say on safety and travel on the common. For example, the Green Travel and Safety event at Avenue and a commuters survey.

In addition, I have shared volunteering opportunities with SCF for students.

**Ask for Angela**

**University-wide Harassment Reporting Tool**

This work is now being taken into the sexual harassment, assault and rape working group.

**#SafeSesh - Drug Harm Reduction**

We have met with many local organisations and services to inform our knowledge of drug use in Southampton. We are now writing the content for the webpage we’re going to have on susu.org that offers drug harm prevention advice.

**Campus Security**

The 24/7 app idea is being considered with the sexual harassment, assault and rape working group.

<table>
<thead>
<tr>
<th>Goal 2: To introduce a compulsory welfare module for new students</th>
</tr>
</thead>
<tbody>
<tr>
<td>Progress: 0/1/2/3</td>
</tr>
<tr>
<td>Submitted and Presented Proposal to NSS Working Group</td>
</tr>
</tbody>
</table>

I finished the proposal and sent to the NSS working group. After presenting and taking questions at the meeting, the proposal was accepted by the group as a priority for funding! Yay! The group suggested putting £20k to initial consultation for the module and to buy the design software! The funding has been confirmed by Professional Services Leadership and is being taken forward by the Mental Health Steering Group.

YAAAAAAAAAAAAAAAAAAAAAAAAAAAAAY!

<table>
<thead>
<tr>
<th>Goal 3: Continue to improve student housing experience</th>
</tr>
</thead>
<tbody>
<tr>
<td>Progress: 0/1/2/3</td>
</tr>
<tr>
<td>SUSU Lettings page doing well. “SUSU Lettings Find a Housemate” page changed to “The Advice Centre Student Housing”.</td>
</tr>
</tbody>
</table>
Marks out of Tenancy - Students can rate their landlords!

We are working on integrating Marks out of Tenancy marketing in our housing marketing and hope that students will start to rate landlords! I am going to go knock on doors to inform people about this and also the Pack for Good scheme.

Westminster Housing Briefing

I spoke at a Westminster student housing conference about the place of students within a community.

Additional Comments:

Pics/links to blog posts relating to the work in this section:

<table>
<thead>
<tr>
<th>Building on the Union’s Work</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Goal 1:</strong> Continue to promote culture of welfare in sports clubs and look to expand to all clubs and socs</td>
</tr>
<tr>
<td>We are hoping to affix the pledge permanently in a SUSU building. This will be done before the end of my term.</td>
</tr>
<tr>
<td><strong>Welfare Representatives in Sport FB Page</strong></td>
</tr>
<tr>
<td><strong>Reports/ Communication with Clubs</strong></td>
</tr>
<tr>
<td>Progress: 0/1/2/3</td>
</tr>
</tbody>
</table>

| **Goal 2:** Continue to actively consider and implement environmentally sustainable initiatives at SUSU | **Waste Management and Recycling** |
| We now offer vouchers for students who may be facing financial hardship to get free food at the end of catering days, in order to help reduce food waste and help out our students. | **I am lobbying the University to provide more general waste bins next to recycling bins and to put up better information about what bins to use, in order to reduce contamination.** |
| Progress: 0/1/2/3 | |
Sustainability Webpage

We are writing the content for this now and hope it to go live by end of May.

Pack for Good

Pack for Good locations have been confirmed in hot-spot student accommodation areas and we are now going to start to advertise this.

Sustainable Innovation Competition

This idea overlaps with other innovation opportunities that are on offer to students, such as Dragons Den. Therefore, it has been a project that I have decided not to undertake in order to prioritise more effective campaigns and initiatives.

Vegan Food Tasting

SUSU Spring Clean

We are having weekly spring cleans throughout the month of May. These are in conjunction with Estonia Society, Southampton Common Forum and Southampton City council.

Change our World

We have a variety of environmental events in May, including our main event the Change our World Fayre on the 14th. We have lots of local organisations coming
in to get people involved in being more sustainable and running interactive stalls.

#YouthStrike4Climate

I attended and spoke with students at the Extinction Rebellion and Youth Strike for climate protest.

**Goal 3:** To work closely with student leaders in the Sustainability and Student Life Zones

**Annual Planning Day**

- Increasing Awareness and Profile of the Student Leaders
- Implementing Student Leaders’ Ideas

Events/ awareness campaigns/ activities by Student Leaders, since last Senate:

- Sustainability Film Showings

![Image 18: Marketing for the first 3 sustainability screenings.](image)

- Social media engagement
- Sustainability survey
- National Day of Unplugging

![Image 19: National Day of Unplugging graphic.](image)
Our amazing Zoe Booth, SUSU Sustainability Zone Student Leaders volunteer, has organised a day of FREE events, featuring:

- Southampton University Aerial Sports Society
- Southampton University Zumba+ Society
- SU Circus Society (CircSoc)
- University of Southampton SalsaSoc
- University of Southampton Live Music Society - Livesoc
- University of Southampton Mind Society

롭 FREE doughnuts and FREE drinks in The Bridge !!! 🍩

- Sustainability Zone Networking event

![Image 20: Sustainability Zone networking event graphic](image)

- Designs to make “what bin?” clearer for students

Implementing Student Feedback in You Make Changes (YMC)

Additional Comments:

Pictures/links to blog posts relating to the work in this section:

**Conclusion/AOB**

Other things we’ve been up to:

Southern Unions Conference, BBC Radio Solent interview (you can listen here: [https://www.bbc.co.uk/programmes/p075slsmf?fbclid=IwAR3MIY4Dix1Mrlwy06x95h1dDCgu6tLrt1eTc9LNMs6m801h_aUMDS8w4](https://www.bbc.co.uk/programmes/p075slsmf?fbclid=IwAR3MIY4Dix1Mrlwy06x95h1dDCgu6tLrt1eTc9LNMs6m801h_aUMDS8w4)), SUSU rules reviewing, third grant round allocations in Student Life and Sustainability Zones, met Alan Whitehead, we won VARSITY WOO, attended a Look After Your Mate training session, too part in Strictly Come Southampton, Spring Elections, trustee board meetings.

As always, please get in contact with me via email if you have any questions- vpwelfare@susu.org

😊
Image 21: Steve and I went on BBC Radio Solent to talk about graduate incomes and wellbeing.

Image 22: The sabbatical officers meeting Alan Whitehead.
University of Southampton Students' Union created a poll.
April 15 at 11:54 AM

Which Isabella Camilleri best sums up your Easter break?

Option 1
Option 2

This poll has ended.
183 Votes

You, Anna Joy, Cheyne Dee Mascall and 8 others
1 Comment

Haha

Comment
Share

Most Relevant

Write a comment...

Isabella Camilleri: CAN A GIRL TAKE ANNUAL LEAVE WITHOUT BEING TURNED INTO A MEME

Image 23: 😊

Image 24: Planting trees at Wide Lane, with SUSU Ethics and Environment Officer
Image 25: Sabbs with the varsity cup!

Image 26: LAYM training.
What’s up next?

- Sustainability survey results and follow up actions
- Asylum seeker and refugee scholarships
- GNT locations
- Sustainability webpage
- Wellbeing webpage
- Necessity cabinet
- Change our World events
- Welfare Module
- Produce informative handover and ensure VP Welfare and Community is
- Welfare training for student facing volunteers and committee members
- Continuing sexual harassment, assault and rape work
- Continuing mental health steering group work (including ensuring student consultation takes place and that it directs the actions of the group.
- Finalise bin signage
- Look into having more general waste bins
- Purchase a safety bus stop and further increase awareness of the service
- Advertise Marks out of Tenancy and get students to rate their landlords
- Look into conversation Café
- Organise community kitchen over summer for PGs and pre-sessional students
- GNTs to be included in building policy
- Sexual harassment, assault and rape survey results and going-forward presentation.