

## Risk Assessment

<b>Risk Assessment for the activity of</b>	<b>Calshot Beach Trip on 26/7/25</b>		<b>Date</b>	<b>13/07/25</b>
<b>Group Name</b>	<b>University of Southampton LGBTQ+ Society</b>	<b>Assessor</b>	<b>Luke Brown - Events Officer</b>	
<b>Supervisor</b>	<b>Raphael Rafferty - President</b>	<b>Signed off</b>	N/A, please upload to groupshub for digital sign-off by SUSU Activities team	
<b>Description of event/activity</b>	<p><b>Members of the society will meet at the bus stop for Asda &amp; Marlands, which is accessible via the U1 or the U6 to civic centre nearby, at 11:20. They will then take the 11:37 Bluestar 9 to Calshot Beach.</b></p> <div style="display: flex; justify-content: space-between;"> <div style="width: 45%;"> <p>11:37 AM ○ ASDA &amp; Marlands Southampton SO14 7EG</p> <p>11:37 AM ○ ASDA &amp; Marlands</p> <p>🚌 9 Calshot ✓ 1 hr 7 min (45 stops) · Stop ID: sohawdj</p> <p>12:44 PM ○ The Beach</p> <p>🚶 Walk ✓ About 9 min, 0.4 mi</p> <p>12:53 PM ● Calshot Beach Calshot Cl, Calshot, Southampton SO45 1BP</p> </div> <div style="width: 50%;"> <p>The map displays a blue route starting at ASDA &amp; Marlands in Southampton. It follows the A33 through Totton and Marchwood to Calshot. From Calshot, the route goes to The Beach (1 hr 16 min), then back to Calshot (1 hr 12 min), and finally to Calshot Beach (1 hr 16 min). A walking segment from Calshot to Calshot Beach is marked as 1 hr 7 min. Landmarks like the National Motor Museum and Beaulieu are also visible.</p> </div> </div>			

***We will walk to Calshot Castle (12 minutes, same beach) and then go to the activity centre's café for a pre-packed or purchased lunch. Here, members who wish to swim or paddle may use the private changing facilities. Afterwards we will move to a quieter section of the beach and any member who wishes to swim or paddle in the sea may do so. Others may explore the surrounding area, rest on the beach or skip stones etc. After everyone has had enough, we will return to the Activity centre to reuse the private changing facilities. We will then come back to Southampton on the Bluestar 9, which runs every hour from Calshot until the final buses at 17:50 and 19:28. Anybody missing the last bus would have to walk 40 minutes to Fawley to catch a different variation of the Bluestar 9.***

***Upon our return to Southampton, the social will disband, and members are to make their own way home.***

***All attendees will be encouraged to bring:***

- ***Suncream***
- ***Sunhat***
- ***Water***
- ***Suitable footwear***
- ***Money***
- ***Phone***

***All attendees who wish to swim will be encouraged to bring:***

- ***Swimwear & goggles***
- ***Towel***

<b>PART A</b>										
<b>(1) Risk identification</b>			<b>(2) Risk assessment</b>				<b>(3) Risk management</b>			
<b>Hazard</b>	<b>Potential Consequences</b>	<b>Who might be harmed  (user; those nearby; those in the vicinity; members of the public)</b>	<b>Inherent</b>			<b>Control measures (use the risk hierarchy)</b>	<b>Residual</b>			<b>Further controls (use the risk hierarchy)</b>
			<b>Likelihood</b>	<b>Impact</b>	<b>Score</b>		<b>Likelihood</b>	<b>Impact</b>	<b>Score</b>	
Slips, trips and falls	Soft tissue injury e.g., sprain, bruising. Potential broken ankle or other breaks i.e. wrists etc. Links directly to weather and ground surfaces.	All participants and organisers/staff and spectators	2	3	6	Check ground conditions for holes, lumps, and other obstacles.	1	3	3	If the injury is serious and participant in a lot of pain or discomfort, seek medical attention immediately. Call 999 in an emergency. Any incidents need to be reported as soon as possible ensuring duty manager/health and safety officers have been informed. Follow SUSU incident report policy.

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Accessibility:  Walking around to area	Participants may be prevented from attending the activity due to a lack of considerations of accessibility needs and requirements.  Calshot is a stony beach; it may be harder for those with physical disabilities.	All attendees	2	5	10	Committee will check accessibility needs of participants and other Committee members beforehand.  Frequent rest stops will be taken in the walking sections.  Committee will check in with disabled members often to ensure their wellbeing.	2	2	4	In the event of an emergency call 999. Any incidents need to be reported as soon as possible ensuring duty manager/health and safety officers have been informed. Follow SUSU incident report policy.

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Removal of Jewellery, plus any other objects in pockets et	Entrapment/ things getting stuck, collisions with others that could cause cuts or bruises.	All participants and organisers/staff.	2	2	4	Participants asked to remove jewellery and objects from pockets prior to joining in. Those leading the session must ensure this has been done.	1	2	2	If any injury occurs, seek medical attention. If severe, call 999 in an emergency. Any incidents need to be reported as soon as possible ensuring duty manager/health and safety officers have been informed. Follow SUSU incident report policy.	
Over-exertion or exhaustion. Strenuous exercise and the effect on the body	Muscle injury – strains and pulls.	All participants and organisers/staff	3	3	9	Organisers to ensure walks are comfortable and not overexerting. Those choosing to swim must perform a warm up if they wish to put a high amount of effort into swimming.	2	3	6	If any injury occurs, seek medical attention. If severe, call 999 in an emergency. Any incidents need to be reported as soon as possible ensuring duty manager/health and safety officers have been informed. Follow SUSU incident report policy.	

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Participant Attire	Injury can occur if people are not wearing attire appropriate to the activity.	All participants and organisers/staff and spectators	2	3	6	Ensure all participants are wearing suitable clothing and appropriate footwear.	1	3	3	If the injury is serious and participant in a lot of pain or discomfort, seek medical attention immediately. Call 999 in an emergency. Any incidents need to be reported as soon as possible ensuring duty manager/health and safety officers have been informed. Follow SUSU incident report policy.

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Extreme Weather	Heat or sun – risk of sunburn, heat exhaustion and dehydration. Cold – risk of hypothermia.	All attendees	3	3	9	Ensure regular drinks breaks are taken, and that each participant and staff member is advised to bring their own drinks bottle. If it is hot or sunny, ensure participants have taken steps to reduce their chance of harm – i.e., use of sun cream, hats and having available shaded area. If it is cold, ensure participants have suitable attire to enable them to keep warm. Ensure swimmers dry quickly and thoroughly after exiting the water – welfare bag to include towel. Check weather beforehand, if weather is too severe event will be rescheduled	1	3	3	If anyone is affected by the heat or cold, seek immediate medical attention. If severe, call 999 in an emergency. Any incidents need to be reported as soon as possible ensuring duty manager/health and safety officers have been informed. Follow SUSU incident report policy.

Travel	Missing buses, lack of funds for buses. Lost attendees	All attendees	2	4	8	<p>Attendees are to stick together in a group, members of committee to be alerted if a subset wishes to explore away from main group or leave early: they will be responsible for themselves.</p> <p>Attendees who wish to swim in the ocean will be counted into and out of the water by a member of the Committee to ensure all attendees are on dry land before leaving.</p> <p>Members are to be made aware of relevant bus stops and times and will have contact with the Committee through Discord.</p> <p>Attendees to be warned this event takes place outside of Southampton Zone – Unilink mobile app tickets may not suffice</p>	1	3	3	Attendees may wish to drive themselves to the event for more autonomy over when to leave – they do this at their own risk.
Swimming ability	Drowning, riptides, consumption of sea water	All swimmers	2	5	10	Attendees only to swim if they are confident in their ability. Welfare bag to include floatation devices for those who require it.	1	4	4	In event of emergency, life preservers are available at many points on Calshot beach. If those are unavailable or the emergency is more severe, the coastguard is available on 999 or 112.

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Discrimination / bigotry	Outward expression of gender identity or sexual orientation resulting in a member of the public becoming aggressive	All attendees	2	3	6	Stick together as part of a large group, Committee to be alerted of any incidents. Members to use changing and toilet facilities which align with their gender identity. No member to be left alone in said facilities.	1	3	3	

**PART B - Action Plan**

## Risk Assessment Action Plan

<b>Part no.</b>	<b>Action to be taken, incl. Cost</b>	<b>By whom</b>	<b>Target date</b>	<b>Review date</b>	<b>Outcome at review date</b>
	Check weather & postpone if necessary	Any committee	25/7/25		
	Repeatedly remind members to bring items listed	Any committee	26/7/25		

# University of Southampton Health & Safety Risk Assessment

Version: 2.3/2017

	Check buses are running to listed times and inform attendees of times and ticket restrictions	Luke Brown - Events Officer	26/7/25		
	Purchase necessary items, pack and provide welfare bag	Chelsea Hilder - Welfare #1	26/7/25		
	Check with attendees for accessibility issues and accommodate	Any committee	26/7/25		
Responsible manager's signature:  Print name: Luke Brown - Events officer Date: 13/7/25				Responsible manager's signature:  Print name: Raphael Rafferty - President Date: 13/07/25	

## Assessment Guidance

1. Eliminate	Remove the hazard wherever possible which negates the need for further controls	If this is not possible then explain why	
2. Substitute	Replace the hazard with one less hazardous	If not possible then explain why	
3. Physical controls	Examples: enclosure, fume cupboard, glove box	Likely to still require admin controls as well	
4. Admin controls	Examples: training, supervision, signage		
5. Personal protection	Examples: respirators, safety specs, gloves	Last resort as it only protects the individual	

	5	10	15	20	25
5	5	10	15	20	25
4	4	8	12	16	20
3	3	6	9	12	15
2	2	4	6	8	10
1	1	2	3	4	5
	1	2	3	4	5

IMPACT

### Risk process

1. Identify the impact and likelihood using the tables above.
2. Identify the risk rating by multiplying the Impact by the likelihood using the coloured matrix.
3. If the risk is amber or red – identify control measures to reduce the risk to as low as is reasonably practicable.
4. If the residual risk is green, additional controls are not necessary.
5. If the residual risk is amber the activity can continue but you must identify and implement further controls to reduce the risk to as low as reasonably practicable.
6. If the residual risk is red do not continue with the activity until additional controls have been implemented and the risk is reduced.
7. Control measures should follow the risk hierarchy, where appropriate as per the pyramid above.
8. The cost of implementing control measures can be taken into account but should be proportional to the risk i.e. a control to reduce low risk may not need to be carried out if the cost is high but a control to manage high risk means that even at high cost the control would be necessary.

Impact		Health & Safety
1	Trivial - insignificant	Very minor injuries e.g. slight bruising
2	Minor	Injuries or illness e.g. small cut or abrasion which require basic first aid treatment even in self-administered.
3	Moderate	Injuries or illness e.g. strain or sprain requiring first aid or medical support.
4	Major	Injuries or illness e.g. broken bone requiring medical support >24 hours and time off work >4 weeks.
5	Severe - extremely significant	Fatality or multiple serious injuries or illness requiring hospital admission or significant time off work.

Likelihood	
1	Rare e.g. 1 in 100,000 chance or higher
2	Unlikely e.g. 1 in 10,000 chance or higher
3	Possible e.g. 1 in 1,000 chance or higher
4	Likely e.g. 1 in 100 chance or higher
5	Very Likely e.g. 1 in 10 chance or higher

