

# General Risk Assessment



## Work/Activity: Baseball and Softball Risk Assessment 2018/19

**Activity** : Baseball and Softball

**Locations**: Every Sunday from 13:30 to 15:30 in the Old Sports Hall  
Every Wednesday from 13:30 to 16:00 at the Common or Widelane.

**Number Of People**: 10 - 30

Baseball and softball is a team sport, with practice being predominantly drill and game based. Drills can involve fitness, base running, throwing, catching, batting and pitching which can be adapted to support both sports. Another aspect of training would include matches; this activity is used to prepare the team to play against similar ability teams. The majority of players are beginners when joining the club therefore, the difficulty of the session will progress with the player's skill.

Group: Mustangs Baseball and Softball Club

Guidance/standards/Reference documents

<http://www.experts.com/Articles/Safety-Risk-Management-In-RBI-Baseball-Softball-By-Leonard-Lucenko>

Assessor(s): Katie Schofield

Contact: [kes1g17@soton.ac.uk](mailto:kes1g17@soton.ac.uk)

Competence requirements

**Role:** [who has what H&S responsibilities for each task e.g. event stewards]

**Skills, experience or qualifications**  
[what training/experience has this person had to undertake their H&S responsibilities]

President - Katie Schofield  
Captain – Bart Poyser  
Captain - Jessica Adams

First Aid  
First Aid, Level 2 ebc cricket coaching  
First Aid

# General Risk Assessment



Risk assessments linked		
[Identify areas of your activity which will fall under a different risk assessment. For example, fire risk assessments when using a building will have been covered by the premises operator.]		

Task	Hazards	Who might be harmed and how	Current control measures	Likelihood	Impact	Risk	Additional control measures	Action by whom?	Residual risk	checked by
Batting	Being hit by pitch	Possible Injury to batter.	Batters must wear PPE when on the field in live play, helmets compulsory.  Players are taught to focus on the ball to aid reading of direction, maximizing time to dodge a ball.	2	2	4	Extra PPE such as arm guards, face guards etc are available should the player wish.	Coach Captain	2	
	Hit by own ball	Possible injuries to any part of batter's body if hit.	Batters must wear PPE when on the field in live play, helmets compulsory.  Players are taught to how to hit a static ball before facing live	2	2	4	Extra PPE such as arm guards, face guards etc are available should the player wish.	Coach Captain	2	

# General Risk Assessment



			pitching to minimize the risk of an incorrectly hit ball.							
	Hit by throw	Possible injuries to any part of batter's body if hit.	Batters must wear PPE when on the field in live play, helmets compulsory.  Catchers are taught to step to the side of the batter to create an open lane for throwing	2	1	2	Extra PPE such as arm guards, face guards etc are available should the player wish.	Coach Captain	2	
Fielding	Hit by ball.	Possible injuries to any part of fielder's body if hit.	Fielders are taught to watch the ball and not turn their back on the ball, for the entire time play is live, this reduces the likelihood of impact with a ball.	1	2	2	-	Coach Captain	2	
	Collision with another fielder.	Possible injuries to any part of fielder's body.	Players are taught the superiority of positions and are encouraged to 'call' for a ball so as to alert all other players to their intention to catch the ball.	2	1	2	-	Coach Captain	2	
Fielding	Collision with a runner.	Possible injuries to any part of fielder's body.	Fielders are taught to avoid the running line when fielding the ball unless unavoidable. In which case they are taught to give right of way to the runner.	1	1	1	-	Coach Captain	1	

# General Risk Assessment



	Hit by throw.	Possible injuries to any part of fielder's body.	Fielders are taught to watch the ball, for the entire time play is live, this reduces the likelihood of impact with a ball.	1	2	2	-	Coach Captain	2
	Collision with foreign object.	Possible injuries to any part of the body.	All equipment is removed from the field/area of play before play commences.  Field is checked by appropriate person before use.	1	2	2	-	Coach Captain	2
<b>Pitching</b>	Hit by ball.	Possible injuries to any part of pitcher's body.	Appropriate first aid person must be present, along with all necessary first aid equipment to minimize the impact should the hazard occur.	2	3	6	-	Coach Captain President First Aider	6
<b>Catching</b>	Hit by ball.	Possible injuries to any part of catcher's body.	Catchers must wear PPE when on the field in live play.	1	1	1	-	Coach Captain	1
<b>Catching</b>	Hit by pitch.	Possible injuries to any part of the body hit.	Catchers must wear PPE when on the field in live play.  Appropriate first aid person must be present, along with all necessary first aid equipment to minimize the impact should the hazard occur.	3	2	6	-	Coach Captain President First Aider	6
	Hit by bat.		Catchers must wear PPE when on the field in live play.	1	1	1	-	Coach Captain	1

# General Risk Assessment



			<p>Appropriate first aid person must be present, along with all necessary first aid equipment to minimize the impact should the hazard occur.</p> <p>Players are taught where to drop the bat after hitting to minimize the likelihood of hazard.</p>							
<b>Base Running</b>	Collision with another player.	Possible injuries to any part of the body.	Fielders are taught to avoid the running line when fielding the ball unless unavoidable. In which case they are taught to give right of way to the runner.	1	2	2	-	Coach Captain	2	
<b>Base Running</b>	Hit by ball.	Possible injuries to any part of the body.	Runners must wear PPE when on the field in live play.	1	2	2	Extra PPE such as arm guards, face guards etc are available should the player wish.	Coach Captain	1	
	Colliding with foreign object.	Possible injuries to any part of the body.	<p>All equipment is removed from the field/area of play before play commences.</p> <p>Field is checked by appropriate person before use.</p>	1	2	2	-	Coach Captain	2	

# General Risk Assessment



Base Coaching	Hit by ball.	Possible injuries to any part of the body.	Base coaches must wear PPE when on the field in live play.	1	2	2	Extra PPE such as arm guards, face guards etc are available should the player wish.	Coach Captain	1	
	Hit by throw.	Possible injuries to any part of the body.	Base coaches must wear PPE when on the field in live play.	1	2	2	Extra PPE such as arm guards, face guards etc are available should the player wish.	Coach Captain	1	
All Tasks	Overuse injury	Possible injury to any muscle or joint.	Ensure a full and proper warm up is completed by all players prior to any activity.  Ensure a full and proper cool down is completed upon completion of activity.	2	1	2	Ice packs kept on hand, and specific stretches and exercises available for players with prior injuries.	Coach Captain First Aider	2	

Reviewed By:		Comments:
Responsible person (SA/DM):	Date:	
SUSU H&S manager (where applicable):	Date:	

Likelihood
------------

# General Risk Assessment



Impact ↑	3	6	9
	2	4	6
	1	2	3

## Likelihood

### Level

High (3)

Medium (2)

Low (1)

### Description

Will probably occur in most circumstances

Might occur at some time

May occur only in exceptional circumstances

## Impact

### Level

High (3)

### Description

Major Injury or Death; Loss of limb or life-threatening conditions. In hospital for more than 3 days, and/or subject to extensive prolonged course of medical treatment and support.

# General Risk Assessment



<b>Medium (2)</b>	Serious injury causing hospitalisation, less than 3 days. Rehabilitation could last for several months.
<b>Low (1)</b>	Minor/superficial injuries. Local first aid treatment or absence from work for less than 3 days.