Sale Water Park/General sessions Canoe Polo Training Session Risk Assessment

Date Carried Out: 10th September 2022

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Hazard | Who might be harmed | Management | Further action | Review Date/ Comments |
| PRIMARY RISKS FOR ALL TRAINING SESSIONS | | | | |
| Drowning | Paddlers and Others | ALL SESSIONS - Paddlers  -Buoyancy Aid mandatory  -Instruction in capsize procedures  -Adequate supervision for novices  -Paddling alone is not permitted.  POOL – paddlers and others  -Spectators not allowed on poolside.  -All session attendees to follow any guidance from Lifeguards  SWP/Outdoor Venue – paddlers and others  -avoid use of outdoor venue in extreme weather conditions, especially strong winds  -Avoid use of SWP when severe flood warnings are in place/ when instructed by outdoor centre due to weather | -Regular testing of Buoyancy Aids  -Capsize induction for new members  -Regular checks on Equipment  POOL -Lifeguard in attendance at pool sessions. At any other session, appropriately trained/experienced members/coaches in attendance. | Annual Review |
| SLIPS, TRIPS AND  FALLS | Paddlers and others | -All paddlers advised on  correct clothing and footwear  -Appropriate maintenance  of storage, including ensuring floor is kept  clear of debris  SWP  -Signposting to correct egress points  -Club members to use marked public footways to access water  -Avoid use of SWP in icy conditions/ in the dark due to increased risk of falls  -Paddlers/Referees advised not to run on pontoons  POOL- All paddlers and visitors to follow pool guidance and rules,  including no running on poolside. | -Continuous dynamic risk  assessment | Review Annually |
| PERSONAL INJURY (including sprains, soft  tissue injury, breaks, head  injury) | Paddlers, Coaches and  Others | -Encouragement and coaching in correct paddling technique.  -Enforcement of canoe polo rules to ensure safe play  -Mandatory use of helmet and buoyancy aid for protection. | -Ensure players are educated in canoe polo  rules.  -Club members to regularly attend referee courses to ensure knowledge is up to date.  -Adequate number of first aid trained club members. | Annual review |
| INJURY FROM MANUAL  HANDLING | Paddlers | -Minimal heavy lifting  -Members advised in correct boat lifting technique.  -Assistance offered to paddlers unable to carry own equipment |  | Annual Review |
| INJURY FROM TRAFFIC | Paddlers/Visitors/Spectators in car park areas | -Encourage car sharing where possible  -Gathering point between/ prior to sessions away from car park to avoid immediate risk from traffic | Dynamic Risk assessment | Annual Review |
| ADDITIONAL RISKS TO BE CONSIDERED FOR ANY OUTDOOR TRAINING AND/OR COMPETITION (FLAT WATER ONLY), INCLUDING USE OF SALE WATER PARK | | | | |
| HYPOTHERMIA | Paddlers, Spectators | -Advised on correct clothing to wear on and off water  -Avoid training in near freezing conditions | - Continuous dynamic risk | Annual review |
| POLLUTION AND  WATER QUALITY | Paddlers | -Advised to wash as soon as possible after training outdoors.  -Advised to wash equipment between training venues  -Club to follow guidance re. water quality from SWP/United Utilities, or other training venues  -All paddlers to be aware of any underwater debris/anchors | -Dynamic risk assessment | Annual review |
|  |  |  |  |  |

During the return to training following Covid-19, additional Health and Safety Procedures will be adopted, in line with the up-to-date government guidance, local lockdown rules, and British Canoeing guidance.