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| Work/Activity: Committee Coaching and Rescue Training Session | | | |
| This Risk Assessment covers one-off committee training to train the new committee members to be able to adequately fulfil safety critical tasks and coach effectively in a covid secure environment. This RA should be read as a session specific addendum to the generic risk assessments for the environments the coaching is occurring in as well as the covid addendums. In the event of a conflict this risk assessment should take precedence over all others.  Within normal sessions, risk control is generally centred around maintaining social distancing between all participants unless in an emergency scenario. It is critical for safety that new committee members are trained to respond to these emergency situations effectively, despite the fact this may necessitate closer contact than is allowable under the standard operating procedures. As this session is a one off and limited to members of the coaching team, we feel we can manage it effectively in line with BC guidance for running safety & rescue training by ensuring wherever social distancing isn’t possible activities are undertaken solely within existing household/support bubbles as defined by the govt.  The requirement for specific ratios for this session is removed on the basis that everyone taking part should be competent to look after themselves and others as peers as a pre-requisite to do the training.  Bubbles to be:   * Russell Place Bubble: Sam, Anna, Niall * Richmond Gardens Bubble: Euan, Skipper * Committee girls house bubble: Lucy, Hannah Go, Amy B, Hannah Gi * Committee mostly boys house bubble: Andrew, Max, Kate * Alex W, George, Callum and Josh should bring a housemate or will be unable to participate in close contact so should not be counted in ratios for the foreseeable future | | | |
| Group: Southampton University Canoe Club 20/21 | | Assessor(s):  Sam Tweedle (Session Lead) | Contact: [sucanoeclub@gmail.com](mailto:sucanoeclub@gmail.com) |
| Guidance/standards/Reference documents | | Competence requirements | |
| [Please enter any H&S guidance referred to when write this Risk assessment. This could be codes of practice from your NGB or industry body, group policies, instructions, manufacturer’s guidance, advice from HSE, useful websites or copies of qualifications and certificates.]  [e.g.]   * <http://www.hse.gov.uk/Risk/faq.htm> * <https://www.britishcanoeing.org.uk/news/2020/covid-19-update-latest-guidance-on-british-canoeing-qualifications-and-awards> | | **Role:** [who has what H&S responsibilities for each task e.g. event stewards] | **Skills, experience, or qualifications** [what training/experience has this person had to undertake their H&S responsibilities] |
| Session lead- Sam Tweedle  Running the session in a safe and covid secure way  All trainee coaches present  Complying with the RAs | L2 Coach with additional coach mentoring training |
| Checks schedules | Frequency |
|  |  |
| Risk assessments linked | |
| Main Flat-Water River Session RA  Main Pool session RA  Main Weir Session RA  Weir covid addendum  Flat water covid addendum  Pool covid addendum  S&W Risk Assessments | |

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| **RISK GRADING SYSTEM**  Identify from the list of categories listed in the column opposite which description best fits the risk you are assessing.  Now look at the column below to determine the impact or possible impact.  Reading down from the top row and across from the side row will give a risk score and a risk colour. | **INSIGNIFICANT (1)**  **No identifiable;**  **Ill Health** or **Injury** (emotional, psychological, or physical)  **Property** or other damage or  **No disruption** to Service  **Finance** Less than £100 (can be resolved at department level) | **MINOR (2)**  **Not permanent (Probably be resolved in one month);**  **Ill Health** or **Injury** (emotional, psychological, or physical)  **Property** or other damage and **continuation of service**  **Finance** Less than £1,000 but greater than £100 | **MODERATE (3)**  **Semi-permanent (likely to be resolved within one year)**  **Ill Health** or **Injury** (emotional, psychological, or physical)  **Property** or other damage or  **Restricted service.**  **Local adverse publicity**  **Finance** Less than £10,000 but greater than £1,000 | **MAJOR (4)**  **Permanent (Loss of function);**  **Ill Health** or **Injury** (emotional, psychological, or physical)  **Property** or other damage or  **Temporary** Service closure  **National adverse publicity**  **Finance** Less than £100,000 but greater than £10,000 | **CATASTROPHIC (5)**  **Death;**  **Ill Health** (emotional, psychological, or physical)  **Property** or other damage or  **Extended Service closure**  **International** **adverse publicity**  **Finance** greater than £100,000 |
| **CERTAIN (5)**  This type of event will happen (and frequently) | **5** | **10** | **15** | **20** | **25** |
| **HIGH PROBABILITY (4)**  This type of event may happen (50/50 chance) | **4** | **8** | **12** | **16** | **20** |
| **POSSIBLE (3)**  This type of event may happen (occasionally) | **3** | **6** | **9** | **12** | **15** |
| **UNLIKELY (2)**  This type of event is unlikely to happen (remote chance) | **2** | **4** | **6** | **8** | **10** |
| **RARE (1)**  Cannot believe this type of event will happen (in the foreseeable future) | **1** | **2** | **3** | **4** | **5** |

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| Task | Hazards | HARM: who, how | Current control measures: Proactive/Reactive | Current risk | | | Additional control measures: Proactive/Reactive | Action by whom? | Residual risk | | | *check SA/DM* |
| Likelihood | Severity | Total | Likelihood | Severity | Total |
| Practise of all contact rescues | Transmission of Covid-19 | Everyone | * Partners to be from the same household/support bubble to eliminate the need for social distancing entirely. * Where variations of methods exist, participants to be taught the lowest risk methods. * Where a rescue can be practiced with an empty boat it will be for non-bubbled participants to be able to take part * Participants to use hand sanitiser before getting on/ after getting off the water * Shout-reach-throw-row-go’s increased importance wrt covid to be emphasised | 1 | 4 | 4 |  |  | 1 | 5 | 5 |  |
| Hand of god | Transmission of covid 19 | Everyone | * As above plus * Participants to train doing a ‘bow to bow’ style hand of god so no face to face contact, while recognising that in non-training situations this may not always be appropriate * Participants to push apart quickly after righting boat | 1 | 4 | 4 |  |  |  |  |  |  |
| X rescue | Transmission of covid-19 | Everyone | * As above plus * The x part to be practised with an empty boat * Swimmer recovery to be via the sideways method rather than the face 2 face method * Rescuers to be taught to turn face away while swimmer being recovered | 1 | 4 | 4 |  |  |  |  |  |  |
| Contact tows | Transmission of covid-19 | Everyone | * As above plus * These to be covered theoretically via a demo by Sam with one of his housemates rather than practically – use of these to be discouraged except in extremis * Aided (sling/belt) tows to be taught and encouraged instead as these naturally facilitate social distancing | 1 | 4 | 4 |  |  |  |  |  |  |
| Boat to Swimmer rescue | Transmission of covid 19 | Everyone | * As above plus * Bear hug method only covered via demonstration by Sam with a housemate * Hold on the back and kick to be taught as the preferred method | 1 | 4 | 4 |  |  |  |  |  |  |
| Unconscious paddler extractions | Transmission of covid 19 | Everyone | * As above plus * To be taught with an empty ‘unconscious’ boat where there are not 3 people from the same household * Bow to stern method taught in preference to bow to bow | 1 | 4 | 4 |  |  |  |  |  |  |
| Unconscious swimmer extractions | Transmission of covid 19 | Everyone | * As above plus * These to be taught theoretically due to similarities with aided tows | 1 | 4 | 4 |  |  |  |  |  |  |
| Shorebased training | Transmission of covid 19 | Everyone | * 2m social distancing to be maintained at all times between different bubbles * All shore based teaching to take place outside * Throw bags to be used 1 bag to 1 household * Any purely theoretical content to be covered via zoom to reduce time spent on the shore at the boat hard * Shorebased training to take place on the grass area to avoid mixing with other groups using the centre | 2 | 4 | 8 |  |  |  |  |  |  |
| Closure of the changing rooms | Increased risk of hypothermia during wet elements of the training as harder to warm up | Mock casualties | * All participants to wear wetsuits and/or dry kit * Safety kit with survival bags present * Flask of hot-chocolate available if necessary * Continual dynamic risk assessment of learner’s temperatures to be made by Sam * In water elements to be left until the end * Only using people in the water where strictly necessary * Water temperature is relatively warm in October | 2 | 3 | 6 |  |  |  |  |  |  |

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| *Declaration by users: I confirm that I have read this risk assessment, will implement the controls outlined herein,*  *and will report to the responsible manager any incidents that occur or any shortcomings I find in this assessment.* | |
| Name: | Date: |
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| Reviewed By: | | Comments: | |
| Experienced sign-off:  Sam Tweedle | Date: 06/09/2020 | | L2 coach |
| Responsible person (SA/DM):  Euan Donovan-Hill (President) | Date: 07/09/2020 | |  |
| SUSU H&S manager (where applicable): | Date: | |  |