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| Work/Activity: Flat Water River Session- Covid 19 Addendum  |
| This addendum covers how we will ensure that our flat-water river sessions reduce the risk of transmission of Covid-19, it should be read in conjunction with our main pool risk assessment which covers all other risks. The threshold we feel is appropriate for these sessions to resume under this addendum is: Sport and wellbeing being allowed to reopen the watersports centre (for formal sessions organised by the club) The threshold we feel is appropriate to relax this addendum is: Thirty person gatherings outdoors becomes allowed. Assessment of whether this activity could increase burden on the emergency services: Flat water is incredibly low risk in the areas we operate, and is arguably lower risk than going for a cycle. We will be operating on reduced SQEP ratios in order to reduce any risk of us needing emergency service input, and as such view the only risk of needing emergency service input being a medical issue, which is equivalently as risky as any other form of exercise. As our SQEP paddlers will have been able to evacuate any unconscious person to an accessible location, we take the view that any potential demand placed on the emergency services will be no greater than people performing other forms of exercise, and as such is an acceptable risk.  |
| Group: Southampton University Canoe Club 20/21  | Assessor(s): Euan Donovan-Hill (President)Hannah Gower (Safety secretary) | Contact: sucanoeclub@gmail.com |
| Guidance/standards/Reference documents  | Competence requirements |
| [Please enter any H&S guidance referred to when write this Risk assessment. This could be codes of practice from your NGB or industry body, group policies, instructions, manufacturer’s guidance, advice from HSE, useful websites or copies of qualifications and certificates.][e.g.]* COVID-19: Latest update on paddling activities in England - 9 March 2021 (britishcanoeing.org.uk)
* http://www.hse.gov.uk/Risk/faq.htm" http://www.hse.gov.uk/Risk/faq.htm
* https://www.britishcanoeing.org.uk/news/2020/a-return-to-paddling-in-england?fbclid=IwAR3uuSf9vm08TLhbgW05XC-HCGLjmbZbHo0OlH0JuU-uPE\_35zr0Hp9ik0s
* https://www.gov.uk/coronavirus
 | **Role:** [who has what H&S responsibilities for each task e.g. event stewards] | **Skills, experience, or qualifications** [what training/experience has this person had to undertake their H&S responsibilities] |
| All committee members and coaches have the responsibility of monitoring compliance with this RA | Internal briefing by president and safety sec |
| Checks schedules | Frequency |
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| Risk assessments linked |
| Main Flat-Water River Session RAS&W Risk Assessments |

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| **RISK GRADING SYSTEM**Identify from the list of categories listed in the column opposite which description best fits the risk you are assessing.Now look at the column below to determine the impact or possible impact.Reading down from the top row and across from the side row will give a risk score and a risk colour. | **INSIGNIFICANT (1)****No identifiable;****Ill Health** or **Injury** (emotional, psychological, or physical)**Property** or other damage or **No disruption** to Service**Finance** Less than £100 (can be resolved at department level) | **MINOR (2)****Not permanent (Probably be resolved in one month);****Ill Health** or **Injury** (emotional, psychological, or physical)**Property** or other damage and **continuation of service** **Finance** Less than £1,000 but greater than £100 | **MODERATE (3)****Semi-permanent (likely to be resolved within one year)****Ill Health** or **Injury** (emotional, psychological, or physical)**Property** or other damage or **Restricted service.** **Local adverse publicity****Finance** Less than £10,000 but greater than £1,000  | **MAJOR (4)****Permanent (Loss of function);****Ill Health** or **Injury** (emotional, psychological, or physical) **Property** or other damage or **Temporary** Service closure**National adverse publicity****Finance** Less than £100,000 but greater than £10,000 | **CATASTROPHIC (5)****Death;****Ill Health** (emotional, psychological, or physical) **Property** or other damage or **Extended Service closure****International** **adverse publicity****Finance** greater than £100,000  |
| **CERTAIN (5)**This type of event will happen (and frequently) | **5** | **10** | **15** | **20** | **25** |
| **HIGH PROBABILITY (4)**This type of event may happen (50/50 chance) | **4** | **8** | **12** | **16** | **20** |
| **POSSIBLE (3)**This type of event may happen (occasionally) | **3** | **6** | **9** | **12** | **15** |
| **UNLIKELY (2)**This type of event is unlikely to happen (remote chance) | **2** | **4** | **6** | **8** | **10** |
| **RARE (1)**Cannot believe this type of event will happen (in the foreseeable future) | **1** | **2** | **3** | **4** | **5** |

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| Task | Hazards | HARM: who, how | Current control measures: Proactive/Reactive | Current risk | Additional control measures: Proactive/Reactive | Action by whom? | Residual risk | *check SA/DM* |
| Likelihood | Severity | Total | Likelihood | Severity | Total |
| General | Transmission/ contraction of Covid-19 | Everyone | * All members will be aware of the social distancing control measures put in place by the UK government, and so we reasonably expect that members will abide by these
 | 3 | 5 | 15 | * Members to be told not to come to sessions if they are displaying Covid-19 symptoms or living with someone who is
* All members should follow Southampton University guidelines and participate in the Covid-19 testing programme. Frequent reminders will be given to all members to keep up to date with weekly tests. For members who are returning to Southampton, they should isolate until they have received two negative tests, this will be added to our sign-up forms to remind people.
* Signups to be re-instigated to allow greater control of numbers at the sessions and to keep a record to assist with track and trace. Members will also be required to sign-up to the session through the S&W website or app and will be reminded to do so prior to the session.
* Reduced size of paddler groups. Maximum 6 members present from separate households. Groups larger than 6 are only possible when all members are from 2 households
* Maximum of 30 members present on site at one time, separated into groups of up to 6 from different households
* Reduced coaching ratio to reflect the fact a greater degree of judgement on whether to intervene is required. Now 1:5 maximum per SQEP paddler. This can be reduced at the discretion of the SQEP paddler
* Members who fall into higher risk groups advised not to attend
* Paddlers advised to wash hands upon arrival and before leaving
* Face masks should be worn at the boatyard site at all times when not kayaking, especially when paddlers are within buildings such as the toilet blocks, kit shed and boat shed.
* Members to be reminded about the testing programme in session signups
 | Any committee members present at a session; overseen by Safety Sec (Hannah Gower) | 2 | 5 | 10 |  |
| Using the changing rooms | Transmission/ contraction of Covid-19Hypothermia | Everyone | * All members will be aware of the social distancing control measures put in place by the UK government, and so we reasonably expect that members will abide by these when changing
 | 3 | 5 | 15 | * Paddlers advised to turn up and go home changed as far as reasonably possible to prevent use of the changing rooms and putting people into close proximity
* The changing rooms will be open for socially distanced use of the toilets. The shower and changing facilities will not be available for club use until the boatyard staff decide it is safe to do so.
* The toilets will be regularly cleaned by the boat hard staff
* In-line with the main risk assessment for flat water sessions, members will be advised on and provided with weather and activity appropriate equipment to keep them warm. This includes considering the warmth of clothes brought to be changed into after a session.
* Experienced paddlers (those who are leading sessions) are trained to look for common signs of discomfort, including hypothermia.
* Taking into account that changing facilities are not available, extra emphasis will be placed on sufficiently warm equipment to further prevent the risk of hypothermia, and a safety kit will be on site which contains thermal blankets and a group shelter. Cars can also be used to warm someone slowly if cars are present, although should only be used in extreme cases due to covid-19 risk.
* With the changing rooms currently closed, members will be advised to consider the time they spend in the water, either swimming or rolling to prevent them becoming too cold. Session leaders will ensure members do not take part in activity that is beyond their capability to limit the number of accidental capsizes/swims.
 | Any committee members present at a session; overseen by Safety Sec (Hannah Gower) | 1 | 5 | 5 |  |
| Sharing equipment | Transmission/ contraction of Covid-19Allergic reaction to Milton fluid | Everyone | * All members will be aware of the social distancing control measures put in place by the UK government, and so we reasonably expect that members will abide by these
 | 3 | 5 | 15 | Coronavirus can survive for up to 3 day on plastic surfaces and 1 day on other equipment if the surfaces are not disinfected.Club equipment to by dunked in Milton, (a viricidal fluid effective on coronaviruses) after use. As a result, sessions must not take place more frequently than once every three days unless a 1 person 1 piece of equipment rule is followed across the sessions. This applies to all equipment which cannot be dunked in Milton. | Any committee members present at a session; overseen by Safety Sec (Hannah Gower) | 1 | 5 | 5 |  |
| Use of Milton fluid to disinfect kit | Incorrect use leading to production of chlorine gas Allergic reactionsSkin irritation Environment-al damage | Members making solution /cleaning kit |  | 2 | 3 | 6 | **All users to be told not to mix with anything other than water**Members to be warned this is happening in case anyone is allergic to MiltonMilton fluid COSHH sheet to be displayed in the kit shed and in the cageSuitable protective gloves to be worn during dilution and dunking of equipmentMilton fluid dunk bucket only to be made by appropriately briefed personnel to ensure correct concentration and reduce risk of incorrect dilutionFirst aiders are trained to deal with allergic reactions and will be provided with additional briefing on dealing with chemical issuesBucket must not be disposed directly into the river Itchen to reduce the risk of environmental damage. | Any committee members present at a session; overseen by Safety Sec (Hannah Gower) | 1 | 3 | 3 |  |
| Kayaking | Transmission/ contraction of Covid-19 | Everyone | * All members will be aware of the social distancing control measures put in place by the UK government, and so we reasonably expect that members will abide by these
 | 3 | 5 | 15 | * No hands on coaching unless people live together, hands off coaching is acceptable as long as social distancing is maintained
* Boats to remain at least 2m from each other- easy to visualise in a kayaking setting as a paddle length is roughly 2m long
* If 2m distance is not possible, a 1m distance with mitigations such as not being face-to-face should be applied
* Entry/exit at access points will be staggered to maintain social distancing
* Busy areas will be avoided as much as possible
 |  | 1 | 5 | 5 |  |
| Rescues | Transmission/ contraction of Covid-19,Knock on effects of coronavirus control measures increasing the risk of drowning | Everyone | * All members will be aware of the social distancing control measures put in place by the UK government, and so we reasonably expect that members will abide by these
 | 3 | 5 | 15 | * We have to adopt a common-sense approach to rescuing recognising that we have to balance the risk from Covid of intervention and the risk of drowning from non-intervention
* Spraydeck tests to incorporate additional spraydeck-less drill and land drill to reduce the risk of intervention being required
* Once people have been spraydeck tested, they will be allowed to swim and self rescue their boat rather than rescued in most circumstances
* Paddlers should make responsible decisions and only paddle/practise skills well within their capabilities to reduce risk of requiring a rescue
* Coaches are already able to spot entrapments and will rescue these in the usual way
* Coaches to run sessions which they expect all participants to be able to self-rescue from
* The self-rescue nature of these sessions will be made clear to members on the advertisement of the session during the signup
* If a rescue with contact is required, a record will be kept of the individuals involved for track and trace purposes
 |  | 2 | 5 | 10 |  |
| Storing kayaks | Transmission/ contraction of Covid-19 | EveryoneNarrow passing places due to crowded nature of the boat shed meaning 2m distancing is difficult | * All members will be aware of the social distancing control measures put in place by the UK government, and so we reasonably expect that members will abide by these
 | 3 | 5 | 15 | * One person in front of the boat rack at a time (1 in 1 out policy)
* Put your own boat away
* Maintain 2m social distancing or 1m with mitigations
* Use lower racked boats only to reduce the physical risk of doing this
* Members advised to wash hands after touching surfaces in communal space
* Communal surfaces (eg. door handles) will be cleaned before and after club use as the virus can exist on surfaces for 72 hours. The club will have disinfectant on site to do so.
 |  | 1 | 5 | 5 |  |
| Getting equipment from the shed | Transmission/ contraction of Covid-19 | Everyone | * All members will be aware of the social distancing control measures put in place by the UK government, and so we reasonably expect that members will abide by these
 | 3 | 5 | 15 | * Maintain 2m social distancing or 1m with mitigations
* 1 person in the shed at a time
* Queueing to enter will remain socially distanced
* Members advised to wash hands after touching surfaces in communal space
* Communal surfaces (eg. door handles) will be cleaned before and after club use as the virus can exist on surfaces for 72 hours. The club will have disinfectant on site to do so.
 |  | 1 | 5 | 5 |  |

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| *Declaration by users: I confirm that I have read this risk assessment, will implement the controls outlined herein,* *and will report to the responsible manager any incidents that occur or any shortcomings I find in this assessment.* |
| Name:  | Date:  |
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| Reviewed By: | Comments: |
| Responsible person (SA/DM):Euan Donovan-Hill (President) | Date: 22/03/2021 |  |
| SQEP sign off:Euan Donovan-Hill | Date: 22/03/2021 | British Canoeing Level 1 Coach, five years of experience as instructor at a centre, including under social distancing restrictions. |
| SUSU H&S manager (where applicable): | Date: |  |