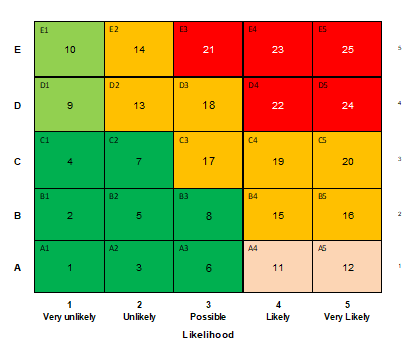
|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Initial** - with no control | | | | | | **After Controls** | | | |
| Hazard or Danger | | Initial Risk | | | Controls | Final Risk | | | Additional Comments |
| H | M | S | H | M | S |
| 1. Illness or injury | 1. Due to pre-existing medical conditions |  |  | A2 | * Committee members of the club who are present to be aware of any pre-existing medical conditions. * First aiders to be present * Call 111/999 as needed |  |  | A2 |  |
|  | 1. Illness or injury not due to pre-existing medical conditions. |  |  | A2 | * First aiders to be present at training. * Call 111/999 as needed |  |  | A1 |  |
|  | 1. Risk of fatigue related illness or injury due to physical exertion |  |  | A3 | * Coach for the evening to monitor all members during training and report any issues to senior committee members |  |  | A2 |  |
|  | 1. Slips, Trips and falls. Laceration to feet |  |  | A3 | * Equipment will be kept to a minimum to reduce tripping. * Suitable footwear must be worn * Members to check area for glass, rocks etc. and to remove them prior to starting * Activities must take place on suitable ground (kneel on soft surfaces, do not run on slippery surface etc.) |  |  | A2 |  |
|  | 1. Performance of incorrect first aid techniques (e.g. CPR on a live person) |  |  | A2 | * All techniques are taught by experienced members to ensure correct method is used. * Within all scenarios, there is always a committee member who sits on the side and watches, and can step in if anything incorrect is performed. (e.g. CPR on a live person) |  |  | A1 |  |
| 1. Weather related hazards | 1. Hypothermia due to cold/rain |  |  | A3 | * Trainer to check weather prior to event. Cancel if they feel weather will be a hazard * All participants to wear adequate clothing (coats etc.) |  |  | A2 |  |
|  | 1. Sun burn/heat exhaustion |  |  | A3 | * Trainer to check weather prior to event. Cancel if they feel weather will be a hazard * All participants to wear adequate clothing * Use shade via trees as needed |  |  | A2 | * Encourage participants to wear sun cream and bring water to drink |
| 1. Spread of COVID-19 | * 1. Between members | E4 |  |  | * Follow COVID-19 risk assessment 2021 * Follow COVID-19 operating procedure 2021 * Adhere to current government, university and RLSS guidelines regarding sport activities |  |  | E1 |  |
|  | * 1. From the public | E4 |  |  | * Follow COVID-19 risk assessment 2021 * Follow COVID-19 operating procedure 2021 * Complete activity away from busy public areas |  |  | E1 |  |
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| Written by: | Emily Childs (Vice President 2020/21) | Date: | 10/04/2021 | Signed: |  |
| Reviewed by: | Madeline Anderson (President 2020/21) | Date: | 10/04/2021 | Signed: |  |
| Reviewed by: |  | Date: |  | Signed: |  |
| Reviewed by: |  | Date: |  | Signed: |  |



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| Consequences | | | | |
| E | Fatalities  Terminal ill health condition  Long-term widespread damage or loss  Major fire-explosion/poisonous gas vapour substance release | | | Major |
| D | Permanent disability  Significant long-term health effect  Major damage or loss  Fire/minor gas/vapour substance release | | |
| C | Loss time injury (LTI)  Health issue requiring time off work, significant pain  Significant property/plant damage or loss  Other RIDDOR reportable occurrence | | |
| B | Medical treatment injury  Health issue requiring physiotherapy or counselling, moderate pain  (no time off work)  Short-term local damage or loss  Minor fire/non-poisonous substances release | | | Minor |
| A | First aid treatment (minor cuts or grazes)  Minor health issue, slight pain (no time off work) | | |
|  | 25 - 21  20 - 13  12 – 11  10 - 9  8 - 1 | Intolerable risk  Intolerable risk  Intolerable risk  Tolerable risk  Tolerable risk | Eliminate  Manage  Procedural solutions  Contingency procedures  Review periodically |  |