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| **Initial** - with no control | **After Controls** |
| Hazard or Danger | Initial Risk | Controls | Final Risk | Additional Comments |
| H | M | S | H | M | S |
| 1. Infection from contaminated surfaces:
 | 1. CPR manikins
 | E3 |  |  | * The skill of rescue breaths must still be taught as per the Resuscitation Council UK
* Manikin lungs should be removed prior to training
* Perform simulated rescue breaths
* For CPR on manikin with fabric body, disinfect hands before and after use
* Where the manikins are shared, the manikin must be fully disinfected
* After training, all resuscitation manikin should be cleaned with suitable and sufficient disinfectant solution
 |  |  | E1 |  |
|  | 1. First aid box contents (bandages, slings etc.)
 | E3 |  |  | * Candidate is provided with bandage/ sling etc. can only be shared with members of the same household/social bubble
* Once finished, equipment be disinfected or be quarantined for a minimum of 3 days before being used again
* Where bandage is applied to non-household/social bubble casualty, all contacted body surfaces must be disinfected with appropriate disinfectant
 |  |  | E1 |  |
|  | 1. Poolside equipment (ropes, manikins, gates etc.)
 |  | E2 |  | * All equipment should be disinfected prior to use by an individual and again the end of the session
* Arrange training to allow a candidate to demonstrate all skills using that piece of equipment before handing over to the next candidate
 |  |  | E1 |  |
|  | 1. Using pool facility
 | E3 |  |  | * Ensure all follow rules and guidelines set by the pool operator (Sports and Wellbeing)
* Clean storage space in pool hall after every time it is used
 |  |  | E1 |  |
| 1. Infection from loss of social distancing (training activities)
 | 1. Demonstrating close contact first aid techniques (recovery position, etc.)
 | E3 |  |  | * The trainer must use visual aids to demonstrate the correct techniques via video or candidate manual
* Trainers and Candidates can complete a recovery position on a member from the same household/social bubble or casualties wearing appropriate face covering
* Follow current RLSS and Gov guidelines regarding sport activities
 |  |  | E1 |  |
|  | 1. Demonstration of techniques using first aid equipment
 | E3 |  |  | * Demonstrations should be conducted on themselves where possible, casualty manikins, or other suitable equipment
* Demonstration of treatments on a live casualty can be demonstrated on a member of the same household/social bubble
* Face mask must be worn when demonstrating the treatment on a non-household/social bubble casualty
 |  |  | E1 |  |
|  | 1. Poolside based rescue techniques
 | E3 |  |  | * Skills should be demonstrated with a member of the same household/social bubble
* If no household/social bubble casualty available, practice using a manikin
 |  |  | E1 |  |
|  | 1. Swim tows
 |  | E2 |  | * Torpedo buoy must be used at full reach to maintain social distancing
* Contact tows to be performed with member of household/social bubble
* If no household/social bubble casualty available, practice using submersible manikin
 |  |  | E1 |  |
|  | 1. Lane swimming
 |  |  |  | * While static in the water participants should adhere to government guidance on social distancing in relation to others in the pool or those on poolside.
* Follow pool guidance set out by Sports Wellbeing
 |  |  |  |  |
| 1. Infection from loss of social distancing (general activities)
 |  | E3 |  |  | * Must maintain social distancing at all available times, including staff members, members of the club and members of the public
* Restrict numbers of people within a room/space to which allows social distancing to be maintained
* No spectators/ non-essential people to be present during training
* All must follow university guidance on social distancing and wearing face mask e.g. in transit to and from training
* All must follow guidance and signage from building operators
* Follow current RLSS and Gov guidelines regarding sport activities
 |  |  | E1 |  |

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| Written by: | Emily Childs (Vice President 2020/21) | Date: | 10/04/2021 | Signed: |  |
| Reviewed by: | Madeline Anderson (President 2020/21) | Date: | 10/04/2021 | Signed: |  |
| Reviewed by: | Jenny Ainsworth (Secretary 2020/21) | Date: | 10/04/2021 | Signed: |  |



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| Consequences |
| E |  Fatalities Terminal ill health condition Long-term widespread damage or loss Major fire-explosion/poisonous gas vapour substance release | Major |
| D |  Permanent disability Significant long-term health effect Major damage or loss Fire/minor gas/vapour substance release |
| C |  Loss time injury (LTI) Health issue requiring time off work, significant pain Significant property/plant damage or loss Other RIDDOR reportable occurrence |
| B |  Medical treatment injury Health issue requiring physiotherapy or counselling, moderate pain (no time off work) Short-term local damage or loss Minor fire/non-poisonous substances release | Minor |
| A | First aid treatment (minor cuts or grazes) Minor health issue, slight pain (no time off work) |
|  |  25 - 2120 - 1312 – 1110 - 9 8 - 1 | Intolerable riskIntolerable riskIntolerable riskTolerable riskTolerable risk | EliminateManageProcedural solutionsContingency proceduresReview periodically |  |