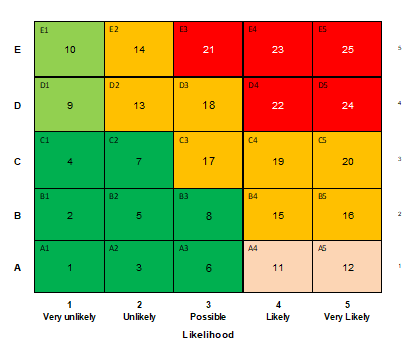
|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Initial** - with no control | | | | | | **After Controls** | | | |
| Hazard or Danger | | Initial Risk | | | Controls | Final Risk | | | Additional Comments |
| H | M | S | H | M | S |
| 1. Infection from contaminated surfaces: | 1. CPR manikins | E3 |  |  | * The skill of rescue breaths must still be taught as per the Resuscitation Council UK * Manikin lungs should be removed prior to training * Perform simulated rescue breaths * For CPR on manikin with fabric body, disinfect hands before and after use * Where the manikins are shared, the manikin must be fully disinfected * After training, all resuscitation manikin should be cleaned with suitable and sufficient disinfectant solution |  |  | E1 |  |
|  | 1. First aid box contents (bandages, slings etc.) | E3 |  |  | * Candidate is provided with bandage/ sling etc. can only be shared with members of the same household/social bubble * Once finished, equipment be disinfected or be quarantined for a minimum of 3 days before being used again * Where bandage is applied to non-household/social bubble casualty, all contacted body surfaces must be disinfected with appropriate disinfectant |  |  | E1 |  |
|  | 1. Poolside equipment (ropes, manikins, gates etc.) |  | E2 |  | * All equipment should be disinfected prior to use by an individual and again the end of the session * Arrange training to allow a candidate to demonstrate all skills using that piece of equipment before handing over to the next candidate |  |  | E1 |  |
|  | 1. Using pool facility | E3 |  |  | * Ensure all follow rules and guidelines set by the pool operator (Sports and Wellbeing) * Clean storage space in pool hall after every time it is used |  |  | E1 |  |
| 1. Infection from loss of social distancing (training activities) | 1. Demonstrating close contact first aid techniques (recovery position, etc.) | E3 |  |  | * The trainer must use visual aids to demonstrate the correct techniques via video or candidate manual * Trainers and Candidates can complete a recovery position on a member from the same household/social bubble or casualties wearing appropriate face covering * Follow current RLSS and Gov guidelines regarding sport activities |  |  | E1 |  |
|  | 1. Demonstration of techniques using first aid equipment | E3 |  |  | * Demonstrations should be conducted on themselves where possible, casualty manikins, or other suitable equipment * Demonstration of treatments on a live casualty can be demonstrated on a member of the same household/social bubble * Face mask must be worn when demonstrating the treatment on a non-household/social bubble casualty |  |  | E1 |  |
|  | 1. Poolside based rescue techniques | E3 |  |  | * Skills should be demonstrated with a member of the same household/social bubble * If no household/social bubble casualty available, practice using a manikin |  |  | E1 |  |
|  | 1. Swim tows |  | E2 |  | * Torpedo buoy must be used at full reach to maintain social distancing * Contact tows to be performed with member of household/social bubble * If no household/social bubble casualty available, practice using submersible manikin |  |  | E1 |  |
|  | 1. Lane swimming |  |  |  | * While static in the water participants should adhere to government guidance on social distancing in relation to others in the pool or those on poolside. * Follow pool guidance set out by Sports Wellbeing |  |  |  |  |
| 1. Infection from loss of social distancing (general activities) |  | E3 |  |  | * Must maintain social distancing at all available times, including staff members, members of the club and members of the public * Restrict numbers of people within a room/space to which allows social distancing to be maintained * No spectators/ non-essential people to be present during training * All must follow university guidance on social distancing and wearing face mask e.g. in transit to and from training * All must follow guidance and signage from building operators * Follow current RLSS and Gov guidelines regarding sport activities |  |  | E1 |  |

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| Written by: | Emily Childs (Vice President 2020/21) | Date: | 10/04/2021 | Signed: |  |
| Reviewed by: | Madeline Anderson (President 2020/21) | Date: | 10/04/2021 | Signed: |  |
| Reviewed by: | Jenny Ainsworth (Secretary 2020/21) | Date: | 10/04/2021 | Signed: |  |



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| Consequences | | | | |
| E | Fatalities  Terminal ill health condition  Long-term widespread damage or loss  Major fire-explosion/poisonous gas vapour substance release | | | Major |
| D | Permanent disability  Significant long-term health effect  Major damage or loss  Fire/minor gas/vapour substance release | | |
| C | Loss time injury (LTI)  Health issue requiring time off work, significant pain  Significant property/plant damage or loss  Other RIDDOR reportable occurrence | | |
| B | Medical treatment injury  Health issue requiring physiotherapy or counselling, moderate pain  (no time off work)  Short-term local damage or loss  Minor fire/non-poisonous substances release | | | Minor |
| A | First aid treatment (minor cuts or grazes)  Minor health issue, slight pain (no time off work) | | |
|  | 25 - 21  20 - 13  12 – 11  10 - 9  8 - 1 | Intolerable risk  Intolerable risk  Intolerable risk  Tolerable risk  Tolerable risk | Eliminate  Manage  Procedural solutions  Contingency procedures  Review periodically |  |