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| --- | --- | --- | --- |
| Work/Activity: Mens Rugby | | | |
| Rugby training 1800-2000 Monday and Friday, 2100-2200 Tuesday and 1300-1700 Wednesday. | | | |
| Group: | Assessor(s): Ben O’Hickey | | Contact: boh1g13@soton.ac.uk |
| Guidance/standards/Reference documents | Competence requirements | | |
| * http://www.englandrugby.com/governance/legal-and-admin/risk-assessments/ | **Role:** [who has what H&S responsibilities for each task e.g. event stewards] | **Skills, experience or qualifications** [what training/experience has this person had to undertake their H&S responsibilities] | |
| President/ Vice President/ Captains | H&S Workshop | |
| Risk assessments linked |
| N/A |

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| Task | Hazards | Who might be harmed and how | Current control measures | Current risk /9 | Additional control measures | Action by whom? | Residual risk  /9 | check SA/DM |
|  | Slips and trips- risk of personal injury associated with training and playing rugby | Staff, Players, Visitors, Spectators, participant | All training staff shall be trained to the minimum standards as required by the RFU Level of Coaching. Area used for training and playing shall be inspected by training staff before any event commences. Should any concerns be raised by the staff, the event will be cancelled pending review.  First Aid measures will be provided by third party (St Johns Ambulance/ Wide Lane staff) | 9 | Warm up before playing/training | JL | 4 |  |
|  | Tackles/Physical contact/contact with posts/ball- Risk of Bruising and/or broken limbs | Staff, Players, Visitors, Spectators, participant | As Above | 9 | Warm up before playing/training. Wear gum shield and suitable PPE. | JL | 4 |  |
|  | Undisclosed Medical Condition- Adverse reaction to First Aid/potentially life threatening | Staff, Players, Visitors, Spectators, participant | As Above | 9 | Each player to notify of medical condition in writing  Disclosure of medical condition/ removal from play | Captains | 4 |  |
|  | Extreme Weather conditions- Sunstroke/hypothermia/dehydration | Staff, Players, Visitors, Spectators, participant | As Above | 4 | Each player to wear suitable clothing/ Fluids available | Captains | 1 |  |
|  | No warm up- Strained muscles/ligaments | Staff, Players, Visitors, Spectators, participant | As Above | 3 | Warm up before playing/training | Captains | 1 |  |
|  | Jewellery- Risk of ripped piercing/ bruising | Staff, Players, Visitors, Spectators, participant | As Above | 6 | Each player to wear suitable clothing/ Fluids available | JL | 2 |  |
|  | Boots/Studs- Risk of bruising/ Cuts | Staff, Players, Visitors, Spectators, participant | As Above | 3 | Each player to wear suitable clothing/ Fluids available. Wear rugby studs. Check boots/studs before play commences | Referee | 2 |  |
|  | Eating Beforehand-Cramp | Staff, Players, Visitors, Spectators, participant | As Above | 3 | Each player to wear suitable clothing/ Fluids available | Self | 1 |  |
|  | Overexertion- Breathing difficulty/dehydration | Staff, Players, Visitors, Spectators, participant | As Above | 6 | Each player to wear suitable clothing/ Fluids available  Disclosure of medical condition/ removal from play | JL | 2 |  |
|  | Condition of Pitch/ Training area- Risk of bruising/ cuts/broken limbs/strained muscles and ligaments. | Staff, Players, Visitors, Spectators, participant | As Above | 6 | Refusal to play/train if poor or bad pitch conditions | Wide Lane Staff | 1 |  |
|  | Challenging Behaviour-Staff or Participants verbally or physically abused. | Staff, Players, Visitors, Spectators, participant | As Above | 3 | Disciplinary measures including taken to one side and exclusion from programme | JL | 1 |  |
|  | Specific Health condition- Dependant on Health Condition. | Staff, Players, Visitors, Spectators, participant | As Above | 9 | Each player to notify of medical condition in writing.  Disclosure of medical condition/ removal from play | JL | 4 |  |
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| Reviewed By: | | Comments: |
| Responsible person (SA/DM): | Date: |  |
| SUSU H&S manager (where applicable): | Date: |  |

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| Likelihood | | | |
| Impact | 3 | 6 | 9 |
| 2 | 4 | 6 |
| 1 | 2 | 3 |

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| --- | --- |
| Likelihood | |
| Level | **Description** |
| High (3) | Will probably occur in most circumstances |
| Medium (2) | Might occur at some time |
| Low (1) | May occur only in exceptional circumstances |

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| Impact | |
| Level | **Description** |
| High (3) | Major Injury or Death; Loss of limb or life-threatening conditions. In hospital for more than 3 days, and/or subject to extensive prolonged course of medical treatment and support. |
| Medium (2) | Serious injury causing hospitalisation, less than 3 days. Rehabilitation could last for several months. |
| Low (1) | Minor/superficial injuries. Local first aid treatment or absence from work for less than 3 days. |