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| **Risk Assessment** | | | | | |
| **Risk Assessment for the activity of** | **Women’s Rugby Union** | | **Date** | 07/09/20 | |
|  | **Name:** | **Role:** | | | **Experience/Qualification** |
| **Club or Society Representative**  required | Rebecca Rayner | President | | | **N/A** |
| **Qualified/Experienced Individual\***  required | ***Guy Mawhood*** | ***2nds Team Coach*** | | | ***RFU Level 2 Coaching Qualification*** |

\* This can be a representative of an NGB, Partner Organisation or individual with relevant experience/qualification. Where an external individual is not available/appropriate a second sign-off within the Club or Society is acceptable where experience can be referenced.

| **Hazard** | **Action** | **Who might be harmed**  **(user; those nearby; those in the vicinity; members of the public)** | **Inherent** | | |  | **Residual** | | | **Further controls (use the risk hierarchy)** |
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| **Likelihood** | **Impact** | **Score** | **Control measures (use the risk hierarchy)** | **Likelihood** | **Impact** | **Score** |
| Covid-19 | 1. Hand washing | * Clubs/Soc Members * Vulnerable groups – Elderly, Pregnant members, those with existing underlying health conditions * Anyone else who physically comes in contact with you in relation to your activity | **1** | **5** | **5** | All members will be encouraged to bring their own hand sanitizer to training sessions and using it frequently  All equipment such as rugby balls will be assigned to a bubble and thoroughly sanitised when switched between bubbles | **1** | **3** | **3** |  |
| Covid-19 | 3. Social Distancing during training sessions | * Club/Socs Members * Vulnerable groups – Elderly, Pregnant members, those with existing underlying health conditions * Anyone else who physically comes in contact with you in relation to your activity | **3** | **5** | **15** | People should keep a distance of "one metre plus" this means staying a minimum of one metre apart, while observing precautions to reduce the risk of transmission.  SUWRFC will be following the RFU Return to Rugby Guidelines and Road Map. As of 29th March the road map will be at D1, allowing contact training excluding scrums and mauls and allowing ready4rugby, O2 touch and tag matches against other clubs  When Step Three on the government roadmap is reached, it is planned for community rugby to move to full contact training, including scrums and mauls. This is Stage E1 on the roadmap. Two weeks after Stage E1 has been reached, full contact matches can  begin. (Stage E2 on the rugby roadmap).  Community Rugby will move to the final Stage, F, when the government roadmap reaches Step Four, provisionally in June, at which time we anticipate all remaining restrictions will be lifted.  https://www.englandrugby.com/news/article/community-rugby-set-to-return-from-29-march  https://www.englandrugby.com/dxdam/e7/e74055c0-8314-4250-91cb-034c0c6b423b/RUGBY%20ROAD%20MAP%202021%20MARCH%20-STAGE%204.pdf  • Travel & return to Southampton https://www.southampton.ac.uk/coronavirus/faq/student-travel.page  University - Government guidance advises that wherever possible students remain where they are and not return to campus and / or hall of residence until in-person on campus teaching resumes. We do recognise that some students may not be able to safely or successfully study away from campus.  Therefore, if a student feels that they need to return on this basis, then they should return to campus, but follow the guidance upon their return to isolate until two negative COVID-19 tests have been received. It is essential for you to register for COVID-19 saliva testing.  Where it’s not possible for people to be 2m apart, we will do everything practical to manage the transmission risk by: · Keeping the activity time involved as short as possible · Leaving the premises as soon as the activity has finished · Using back-to-back or side-to-side  We ask students to consider carefully as to if they should travel during this time and the government does not advise unnecessary travel. You may need to return earlier if you need support, or if you need to access IT equipment, library facilities or other facilities on campuses | **2** | **5** | **10** | No scrum, maul, opposed lineout or upright tackle training activities are permitted. Only Ready4Rugby approved game play will be performed  Only a maximum of 20 mins of adapted contact drills with players.  All training sessions will take place outside at Wide Lane training ground  Cones will be placed to mark out areas for water bottles to be placed to ensure social distancing of 2 meters when training is paused for water breaks or feedback from coaches  Current RFU guidelines have a guidance of 15 players per coach. With our two coaches this means a guidance of 30 players per 2 hour training session  After four weeks of contact training to enable players to build fitness levels and condition themselves physically, matches with adapted laws (no scrums or mauls) will be permitted against other local clubs from 26 April (Stage D2 on the roadmap). It will be clubs’ and players’ individual choice as to whether they play adapted contact or continue with Ready4Rugby, O2 Touch or Tag rugby. |
| Covid-19 | 4. Movement between bubbles during training session switch overs | * Club/Socs Members * Vulnerable groups – Elderly, Pregnant members, those with existing underlying health conditions * Anyone else who physically comes in contact with you in relation to your activity | **3** | **5** | **15** | Reducing movement by discouraging non-essential trips within buildings and sites for activities such as showers. If member are to enter the building for toilet breaks they must wear face masks at all times | **2** | **3** | **6** |  |
| Covid-19 | 5. Explain the changes you are planning to make your activity Safely | * Club/Socs Members * Vulnerable groups – Elderly, Pregnant members, those with existing underlying health conditions * Anyone else who physically comes in contact with you in relation to your activity | **3** | **4** | **9** | Ensure the RA is uploaded on Groups Hub and request all SUWRFC members download and read it.  Use SUWRFC social media and Club/Society communication channel (Whatsapp) to make all the members aware about the changes in training sessions and encourage them to take all the precautions.  Before every training session starts with a reminder of key COVID-19 precautions and how to maintain them from coaches/captains  Ensure that all members understand that if the precautions are not followed they will be asked to leave the training session with a three strike policy and the end result being asked to not return to training sessions | **2** | **2** | **4** | Everyone must book into sessions using the sport and wellbeing app. They must have a sports pass. People that do not book in will be asked to leave. This is to ensure track and trace is conducted |
| Covid-19 | 6. Protecting people who are at higher risk You should think about | * Club/Socs Members * Vulnerable groups – Elderly, Pregnant members, those with existing underlying health conditions * Anyone else who physically comes in contact with you in relation to your activity | **4** | **5** | **20** | Before training starts members will be asked to fill out a form to clarify if they have any specific health conditions which may put them in the ‘at risk’ category. Only committee and coaches will view these forms  If a member is high risk they will be advised not to attend training sessions  Those who are unable to attend training sessions will still be able to engage with the club online through virtual socials | **2** | **5** | **10** |  |
| Covid-19 | 7. Symptoms of Covid-19 | * Club/Soc Members * Vulnerable groups – Elderly, Pregnant members, those with existing underlying health conditions * Anyone else who physically comes in contact with you in relation to your activity | **4** | **5** | **20** | If member becomes unwell with a new continuous cough or a high temperature, they will be sent home and advised to follow the stay at home guidance.  Committee Members will maintain regular contact with members during this time.  If advised that a member has developed Covid-19 and that they were recently in contact with member, the Club/Socs committee will contact SUSU Activities Team and will encourage the person to contact Public Health England to discuss the case  It will then be identified who has been in contact with them through the use of our bubble system and will take advice on any actions or precautions that should be taken. <https://www.publichealth.hscni.net/> | **3** | **5** | **15** |  |
| Covid-19 | 9. Mental Health | * Club/Soc Members * Vulnerable groups – Elderly, Pregnant members, those with existing underlying health conditions * Anyone else who physically comes in contact with you in relation to your activity | **3** | **5** | **15** | Committee members will promote mental health & wellbeing awareness to members during the Coronavirus outbreak and will offer whatever support through training such as WIDE. The president and welfare secretary have both engaged with this training.  Committee to share relevant support services to members i.e. Student Services, Security, Enabling Team, Advice Centre, Emergency Services | **2** | **4** | **8** | Regular communication of mental health information and SUSU policies for those who need additional support. |
| Covid-19 | 11. Travelling for physical activity | * Club/Socs Members * Vulnerable groups – Elderly, Pregnant members, those with existing underlying health conditions * Anyone else who physically comes in contact with you in relation to your activity | **3** | **2** | **6** | Training will only be taking place at Wide Lane  Members will be encouraged to walk/cycle to Wide Lane if possible  If they have no alternative options but to use public transport, members will be encouraged to thoroughly clean their hands before starting the training session and were PPE on the public transport  Car shares between members will be actively discouraged | **2** | **1** | **4** |  |
| Covid-19 | **12. Sharing equipment (sport and non-sport)** | * Club/Socs Members * Vulnerable groups – Elderly, Pregnant members, those with existing underlying health conditions * Anyone else who physically comes in contact with you in relation to your activity | **5** | **4** | **9** | Equipment such as rugby balls will be assigned to a bubble and may only be used by that bubble  All equipment will be thoroughly cleaned between each bubble using it  Members will be encouraged to bring their own water bottles and will not be permitted to share with other members. Any members seen doing this will be asked to leave the sessions  All equipment will be thoroughly cleaned before and after training sessions | **2** | **3** | **5** |  |

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| ***PART B – Action Plan*** | | | | | | |
| **Risk Assessment Action Plan** | | | | | | |
| **Part no.** | **Action to be taken, incl. Cost** | **By whom** | **Target date** | **Review date** | **Outcome at review date** | |
| 1 | Review the risk assessment when the RFU moves along the Return to Rugby Road Map to allow for training sessions to be changed | President/Coaches | To be confirmed by RFU | To be confirmed by RFU |  | |
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| Responsible Committee members signature: RRayner | | | | Responsible Assessor signature: GMawhood | | |
| Print name: Rebecca Rayner | | | Date: 22/3/2021 | Print name: Guy Mawhood | | Date  22/3/2021 |

**Assessment Guidance**

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| 1. Eliminate | Remove the hazard wherever possible which negates the need for further controls | If this is not possible then explain why |  |
| 1. Substitute | Replace the hazard with one less hazardous | If not possible then explain why |
| 1. Physical controls | Examples: enclosure, fume cupboard, glove box | Likely to still require admin controls as well |
| 1. Admin controls | Examples: training, supervision, signage |  |
| 1. Personal protection | Examples: respirators, safety specs, gloves | Last resort as it only protects the individual |

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| **LIKELIHOOD** | 5 | 5 | 10 | 15 | 20 | 25 |
| 4 | 4 | 8 | 12 | 16 | 20 |
| 3 | 3 | 6 | 9 | 12 | 15 |
| 2 | 2 | 4 | 6 | 8 | 10 |
| 1 | 1 | 2 | 3 | 4 | 5 |
|  | | 1 | 2 | 3 | 4 | 5 |
| **IMPACT** | | | | |

Risk process

1. Identify the impact and likelihood using the tables above.
2. Identify the risk rating by multiplying the Impact by the likelihood using the coloured matrix.
3. If the risk is amber or red – identify control measures to reduce the risk to as low as is reasonably practicable.
4. If the residual risk is green, additional controls are not necessary.
5. If the residual risk is amber the activity can continue but you must identify and implement further controls to reduce the risk to as low as reasonably practicable.
6. If the residual risk is red do not continue with the activity until additional controls have been implemented and the risk is reduced.
7. Control measures should follow the risk hierarchy, where appropriate as per the pyramid above.
8. The cost of implementing control measures can be taken into account but should be proportional to the risk i.e. a control to reduce low risk may not need to be carried out if the cost is high but a control to manage high risk means that even at high cost the control would be necessary.

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| Likelihood | |
| 1 | Rare e.g. 1 in 100,000 chance or higher |
| 2 | Unlikely e.g. 1 in 10,000 chance or higher |
| 3 | Possible e.g. 1 in 1,000 chance or higher |
| 4 | Likely e.g. 1 in 100 chance or higher |
| 5 | Very Likely e.g. 1 in 10 chance or higher |

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| Impact | | Health & Safety |
| 1 | Trivial - insignificant | Very minor injuries e.g. slight bruising |
| 2 | Minor | Injuries or illness e.g. small cut or abrasion which require basic first aid treatment even in self-administered. |
| 3 | Moderate | Injuries or illness e.g. strain or sprain requiring first aid or medical support. |
| 4 | Major | Injuries or illness e.g. broken bone requiring medical support >24 hours and time off work >4 weeks. |
| 5 | Severe – extremely significant | Fatality or multiple serious injuries or illness requiring hospital admission or significant time off work. |