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| Work/Activity: Wessex Sailing Club General Risk Assessment 2018-19 | | | |
| [Enter details of what activity you are risk assessing. Include locations, times, dates, numbers of people, duration and activity descriptions]  Activity: Sailing  Regular Locations:   * Spinnaker Sailing Club, Ivy Lane, Ivy Ln, Ringwood BH24 3LY  Times: 1pm on Wednesday every week of term up to Easter. Thereafter irregular sessions.   Number of people: Usually 24 (subject to availability)  Duration: Typically, 2-3 hours (dependent on sunlight)  Specific Activity: Team Racing training.   * Southampton Sailing Club, Victoria Rd, Southampton SO19 9EF (Casual & RYA Instruction)   Times: Start time variable as dependent on tides but usually 1pm  Number of people: Up to 26 (subject to members signing up)  Duration: Typically, 2 hours on water (more time either side of water session for transport to location and for setup and packup)  Specific Activity: Casual Sailing. Sports and Wellbeing Facility   * Royal Southern Yacht Club, Hamble-le-Rice, Southampton SO31 4HB (J80 Yachting Sessions)   Times: Start time typically 1pm on Wednesday term time (irregular sessions)  Number of people: Up to 20 (subject to members signing up)  Duration: Typically 2-3 hours on water  Specific Activity: Casual yachting on J80s. RSYC Academy own the J80s   * Town Quay Marina, Associated British Ports, Town Quay, Southampton SO14   Times: Start time typically 1pm  Number of people: Up to 10 per session (usually 8)  Duration: Typically 2-3 hours  Specific Activity: Casual yachting on Sigma 38. Sports and Wellbeing owned and operated session  All coaches, captains and anybody listed in the Action by Whom Column will be shown this risk assessment and the president –insert name- will make sure they understand their roles and responsibilities. | | | |
| Group: Wessex Sailing Club | Assessor(s): Oliver Aldridge | | Contact: commodore.wessex@gmail.com |
| Guidance/standards/Reference documents | Competence requirements | | |
| [Please enter any H&S guidance referred to when write this Risk assessment. This could be codes of practice from your NGB or industry body, group policies, instructions, manufacturer’s guidance, advice from HSE, useful websites or copies of qualifications and certificates.]  [e.g]   * http://www.hse.gov.uk/Risk/faq.htm | **Role:** [who has what H&S responsibilities for each task e.g. event stewards] | **Skills, experience or qualifications** [what training/experience has this person had to undertake their H&S responsibilities] | |
| Oliver Aldridge - Commodore  Tom Darling – Team Racing Captain  Harry Jolly – Team Racing Captain  Alice Reed – Beginner and Casual rep  Rory Dowdeswell– Beginner and Casual rep  Ed Myers – Yachting Captain  Tim Atkins – Yachting Captain | RYA Dinghy Instructor. First Aid Certificate. Sailing experience for 10+ years.  RYA Dinghy Instructor. First Aid Certificate. Race coach. 10+ years sailing and racing experience  First Aid Certificate. 8 years sailing experience  RYA Dinghy Instructor. Qualified First Aider.  RYA Dinghy Instructor. Qualified First Aider  RYA Dinghy Instructor. First Aid certificate. 10+ years sailing experience  Qualified First Aider. RYA Day skipper. | |
| Risk assessments linked |
| Every facility we use is off campus and not owned or operated by WSC.  Spinnaker Sailing Club – Contact: [office@spinnakerclub.co.uk](mailto:office@spinnakerclub.co.uk)  Southampton Sailing Club – Contact: [sportandwellbeing@southampton.ac.uk](mailto:sportandwellbeing@southampton.ac.uk)  Royal Southern Yacht Club: Contact: [sailing@royal-southern.co.uk](mailto:sailing@royal-southern.co.uk)  Town Quay Marina: [sportandwellbeing@southampton.ac.uk](mailto:sportandwellbeing@southampton.ac.uk) |

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| Task | Hazards | Who might be harmed and how | Current control measures | Current risk /9 | Additional control measures | Action by whom? | Residual risk  /9 | check SA/DM |
|  | Medical Emergency (life threatening) eg. Heart attack, stroke or similar | Sailors. Death/permanent disability | Sailors are able to render assistance when required.  Many club members are qualified first aiders.  Mobile phone/VHF radio on site able to contact emergency services. | 3 | First aid / CPR to be administered as necessary. | Commodore | 3 |  |
|  | Drowning from capsize or falling overboard | Sailors. Death/brain damage | As per RYA guidelines, all members while on the water or pontoon must be wearing a buoyancy aid. (Standard: BS EN 393:1994 Lifejackets and personal buoyancy aids) Mobile phone/VHF radio on site able to contact emergency services. | 3 | First aid / CPR to be administered as necessary.  Reefing or using ‘cutdown’ sails to ensure control while sailing in strong winds. | Commodore | 3 |  |
|  | Capsize resulting in crew trapped under boat | Sailors. Death/brain damage | Ensure proper clothing is worn and that boat equipment does not present hazard. | 3 | First aid / CPR to be administered as necessary. Beginners to use masthead floats to reduce risk of total inversion of boat. Beginners briefed before going on the water about how to perform capsize drill. | Commodore | 3 |  |
|  | Injury through collision with other watercraft | Sailors. Concussion, bruises, cuts, abrasions. | Helm of boat in sufficiently competent to sail. Sailing areas are designated before session and usually are the only watercraft in area.  The Rules of Sailing are mandatory and will be obeyed by all sailors. These are designed to minimise the risk of collision. | 2 | Helms and crews to ensure that they are competent to take avoiding action and do not present a hazard to other craft. Third party insurance to be held.  Reefing or using ‘cutdown’ sails to ensure control while sailing in strong winds.  First aid to be administered as necessary | Commodore | 2 |  |
|  | Injury through being struck on the head by boom. | Sailors. Concussion, cuts, bruises.  Low risk for experienced sailors.  Medium risk for novice sailors | Only able to sail if demonstrated sufficient competency sailing (qualifications or assessment) or while under instruction from RYA Dinghy Instructor.  Inexperienced sailors or those with medical condition to wear head protection at their discretion | 2 | First aid to be administered as necessary  Reefing or using ‘cutdown’ sails to ensure control while sailing in strong winds. | Commodore | 2 |  |
|  | Hypothermia from immersion or exposure. | Sailors. Loss of limb. Death | Sailors must wear apporpirate clothing for conditions (wetsuit, drysuit, gloves. etc).  First aid kits contain “space blankets”.  Sailing areas are within close reach of shore so able to transport patient quickly via sailboat or powerboat. | 3 | Sailors to ensure own welfare and to retire if affected to a degree that would hinder their recovery from capsize.  First aid / CPR to be administered as necessary. | Commodore | 3 |  |
|  | Illness due to water contamination | Sailors. Death / disability. Illness. | Sailors to cover cuts with waterproof plasters. Water quality at regular session locations is good so risk of contaminated water is low. | 3 | Club members to be aware of potential hazard and need to state they have been in contact with lake/sea water area if seeking medical advice | Commodore | 3 |  |
|  | Injuries from equipment on boat or slipping on surfaces | Sailors. Concussion, cuts, bruises.  Low rising to medium in high winds | Sailors to decide if conditions are suitable for sailing. Session will not proceed if too windy.  Sailors ensure boats are adequately maintained and does not present a slip hazard where appropriate. | 2 | Reefing or using ‘cutdown’ sails to ensure control while sailing in strong winds. | Commodore | 2 |  |
|  | Injuries from boat to pontoon contact. | Sailors. People on pontoon. Crushed hands/legs. Bruising | Only able to sail if demonstrated sufficient competency sailing (qualifications or assessment) or while under instruction from RYA Dinghy Instructor.  Most sessions very unlikely to come in contact with pontoon given usually launch from beach/lakeside.  Rules of sailing to be observed and care taken on approach to jetty. | 2 | Sailors must assess level of risk depending on conditions and act accordingly. | Commodore | 2 |  |
|  | Injuries from collision with other dinghies | Sailors. Cuts, brusies, abrasions, concussion. | Crews to take all reasonable precautions to avoid contact with other boats Observation of the rules of Sailing is mandatory and must be obeyed by all sailors. Third party insurance must be held. | 2 | Novice sailors to be under instruction by qualified RYA Dinghy Instructors or suitably experienced helms. | Commodore | 2 |  |
|  | High temperatures and strong sunshine | Sailors. Heatstroke, sunburn, eye damage | High SPF sunscreen, hats, sunglasses with suitable UV rating, recommended to be worn.  All unnecessary skin to be covered where possible.  Fluid intake to be significant. | 2 | Sailors are advised to ensure enough water with them while sailing.  First aid administered where necessary. | Commodore | 2 |  |

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| Likelihood | | | |
| Impact | 3 | 6 | 9 |
| 2 | 4 | 6 |
| 1 | 2 | 3 |

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| Reviewed By: | | Comments: |
| Responsible person (SA/DM): | Date: |  |
| SUSU H&S manager (where applicable): | Date: |  |

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| Impact | |
| Level | **Description** |
| High (3) | Major Injury or Death; Loss of limb or life-threatening conditions. In hospital for more than 3 days, and/or subject to extensive prolonged course of medical treatment and support. |
| Medium (2) | Serious injury causing hospitalisation, less than 3 days. Rehabilitation could last for several months. |
| Low (1) | Minor/superficial injuries. Local first aid treatment or absence from work for less than 3 days. |

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| Likelihood | |
| Level | **Description** |
| High (3) | Will probably occur in most circumstances |
| Medium (2) | Might occur at some time |
| Low (1) | May occur only in exceptional circumstances |