# http://subad.org.uk/images/crest.jpg http://www.wessexbreastclinic.co.uk/wp-content/themes/maxx-wp/functions/thumb.php?src=http://www.wessexbreastclinic.co.uk/wp-content/uploads/2012/06/university-of-southampton-logo.jpg&w=611&h=420

## Classes Risk Assessment

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| --- | --- | --- | --- | --- | --- |
| **Name of Group** | **Belly Dance Society** | | **Date of Assessment** | | **20/08/2018** |
|  |  |  |  | | |
| **Hazards?** | **Who might be harmed?** | **Control Measures: What further action is necessary?** | | | |
| **Actions** | | **when** | |
| Personal physical injury (muscle and joint) either prior to classes or during. | Any dancer | * Allotting sufficient time at the beginning and end of classes for warm up and cool down. * Emphasising the importance and value of these. * Supervision from a trained and qualified professional. * Ensuring that the number of students per class is not too high. * Asking dancers to make known any injuries they currently have so that they can be supervised more closely. | | Every lesson | |
| Possible injury due to surplus furniture in the practice rooms | Any dancer | * Ensure that there are no pieces of furniture in the way of the dancing area. * Moving any furniture to the sides of the room and stacking safely where possible. | | Every lesson | |
| Slipping/falling on floor | Any dancer | * Ensure that all dancers are aware that dancing in socks can be dangerous. * Inform students of the risk of dancing in socks. * Recommend barefoot dancing. * Make sure any drinks have lids or caps on so that they cannot be spilled and stored aside from the dancing space. | | Every lesson | |
| Inappropriate Room temperature and ventilation | All dancers | * Ensuring practice rooms are not too cold or too hot. * Ensuring the practice rooms have windows, or other means of cooling such as fans and air conditioning. | | Every lesson | |
| Dehydration | All dancers suffering from lack of hydration | * Advising dancers to bring bottled water to class or advising dancers where they can obtain a drink. * Advising dancers to regularly take time to drink through classes. | | Every lesson | |
| Electrocution from stereo | All dancers, especially those using stereo | * Ensure that the sound system is PAC tested and no liquids are close to the electrics. * Report any faults with the sound system to the appropriate people and do not use. | | Every lesson | |
| Fire | All dancers | * Ensure that all fire exits are clear and unlocked. * Inform dancers of fire exits and procedures. | | Every lesson | |
| Dancers colliding or falling over each other | Dancers colliding into each other when dancing | * Ensure that classes do not exceed maximum limit. * Advise students to use a space that has enough room for them. | | Every Lesson | |
| Collision with external object | Any performer and/or member of audience | * Assessing each performance venue before performing. * Analyse potential obstructions. * Ask that obstructions be removed from performance area. | | Before performance | |

President Name: Charlotte Samways Date: 20/08/2018

Secretary Name: Phoebe Inman Date: 20/08/2018