

Risk Assessment

Risk Assessment for the activity of	Capoeira Society Generic Risk Assessment		Date	26/10/2026
Are you a sports club or society?	Society	Assessor	Anthony De Vitis	
President/Captain Name/2nd Committee Member	Stephen Tayag	Signed off	SUSU USE ONLY	
Risk Assessment Information	<i>The University of Southampton Capoeira Society will hold a capoeira session on Tuesdays at 20:00 - 21:30h and Fridays 19:30-21:00h. These sessions will be attended by a minimum of three people and a maximum of thirty people. There will be a mix of intermediate/beginners and more advanced people attending. There will be a range of different movements, including acrobatics, but these will only be executed within the ability of each participant, and under the guidance of an instructor where appropriate. Capoeira musical instruments will be used in some of the classes. Detailed instruction regarding use of the instruments will be provided by the instructor. This risk assessment will cover all relevant risks involved in this societies activities for the duration of the 26/27 academic year.</i>			

PART A										
(1) Risk identification			(2) Risk assessment				(3) Risk management			
Hazard	Potential Consequences	Who might be harmed (user; those nearby; those in the vicinity; members of the public)	Inherent			Control measures (use the risk hierarchy)	Residual			Further controls (use the risk hierarchy)
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Dance classes										

Physical Exertion/injury in class	People may trip, fall, or slip, due to generally slippery flooring or due to trip hazards	All those participating in the class	2	3	6	• Encourage all dancers to wear appropriate footwear and advise on what this is. • Ensure that trip hazards are identified and removed. • Ensure there are regular drinks breaks in class especially in hot weather. • Ensure there is access to a first aid kit and ice packs encase of injury.	1	3	3	Ask the students at the start of class if they have had any recent injuries so the teacher can accommodate for these. if the injury is serious and participant in a lot of pain or discomfort, seek medical attention immediately. Call 999 in an emergency. Any incidents need to be reported as soon as possible ensuring duty manager/health and safety officers have been informed. Follow SUSU incident report policy.
Falling while participating in activity	Injuries and Bruising	All those participating in the class	3	1	3	• Maintain split ability classes to ensure students are not pushed beyond what is safe for them. • When learning new tricks make sure the students are fully comfortable and have	2	1	2	If an individual is at risk of falling due to slippery footwear, ask them to change and dance in a more suitable and safe clothing If the injury is serious and participant in a lot of pain or

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						spotters/support around them.				discomfort, seek medical attention immediately. Call 999 in an emergency. Any incidents need to be reported as soon as possible ensuring duty manager/health and safety officers have been informed. Follow SUSU incident report policy.

Exhaustion	Could Lead to an increased likelihood of injury or when hot, fainting.	All those participating in the class	2	1	2	• Ensure all dancers are aware of where they can get water. • Ensure there are plenty of water breaks in the classes. Especially in adverse weather conditions. • Ensure no dancer feels obligated to over- exert themselves.	1	1	1	If a student appears exhausted, be proactive in advising them to sit out and eliminate risk of further exhaustion. If Weather conditions are adverse eg: very hot president to make a call on if class should be on. if the injury is serious and participant in a lot of pain or discomfort, seek medical attention immediately. Call 999 in an emergency. Any incidents need to be reported as soon as possible ensuring duty manager/health and safety officers have been informed. Follow SUSU incident report policy.
Setting up of class equipment Eg; Barres, Matts (add	Cause strain , injury, bruising or grazing	Students and teacher	2	2	4	• Limit carrying equipment to just committee members	1	2	2	Ensure equipment is set up prior to letting students into class If a student appears

applicable equipment)						who have practice in handling them. Train committee members in manual handling.				hurt, be proactive in advising them to sit out and eliminate risk of further strain. If the injury is serious and participant in a lot of pain or discomfort, seek medical attention immediately. Call 999 in an emergency. Any incidents need to be reported as soon as possible ensuring duty manager/health and safety officers have been informed. Follow SUSU incident report policy.
Footwear Eg: Tap shoes, Pointed shoes, correct trainers	Injury, bruising, damage.	All participants and staff wearing these shoes	2	3	6	- Ensure all dancers have proper dance footwear. - Ensure the space is equipped for wearing shoes such as tap shoes. - Ensure any shoes and styles that require	1	3	6	Ensure equipment is set up prior to letting students into class If a student appears hurt, be proactive in advising them to sit out and eliminate risk of further strain.

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						adequate training eg: pointe is checked before individuals are allowed to participate. Ensure if people are borrowing dance shoes a committee member will advise on what size is correct.				If the injury is serious and participant in a lot of pain or discomfort, seek medical attention immediately. Call 999 in an emergency. Any incidents need to be reported as soon as possible ensuring duty manager/health and safety officers have been informed. Follow SUSU incident report policy.

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Electrical Equipment eg. Laptops/computers, speakers etc	Trip hazard and Fire hazard	All participants and organisers/staff and spectators	2	3	6	• Ensure no liquids are placed near electrical equipment. • Remind Dancers not to leave trailing wires. • Turn off plug sockets when not in use.	1	3	3	Seek medical attention if injury is serious and participant in a lot of pain or discomfort, seek medical attention immediately. Call 999 in an emergency. Any incidents need to be reported as soon as possible ensuring duty manager/health and safety officers have been informed. Follow SUSU incident report policy.

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Security of Personal Belongings	Belongings being damaged or stolen	All participants and organisers/staff and spectators	2	3	6	- Remind Dancers to only bring essential items. - Remind dancers to take care of their belongings and that they are responsible for them.	1	3	3	Any incidents need to be reported as soon as possible ensuring duty manager/health and safety officers have been informed. Follow SUSU incident report policy.
General Considerations (including group meetings) In case of an emergency, please pull nearest fire alarm and ensure all participants leave the venue calmly and safely. <										

Slips, trips and falls	Physical injury	Event organisers and attendees	2	3	6	All boxes and equipment to be stored away from main meeting area, e.g. stored under tables Any cables to be organised as best as possible Cable ties/to be used if necessary Floors to be kept clear and dry, and visual checks to be maintained throughout the meeting by organizers. Extra vigilance will be paid to make sure that any spilled food products/objects are cleaned up quickly and efficiently in the area. Report any trip hazards to facilities teams/venue staff asap. If cannot be removed mark off with hazard signs	1	3	3	If the injury is serious and participant in a lot of pain or discomfort, seek medical attention immediately. Call 999 in an emergency. Any incidents need to be reported as soon as possible ensuring duty manager/health and safety officers have been informed. Follow SUSU incident report policy
Fire	Smoke inhalation, burns and more severe. Risk of extreme harm.	All participants and organisers/staff and spectators	1	5	5	Those leading the session must ensure they are aware of and fully understand the venue or locations fire procedures.	1	4	4	In case of an emergency, please pull nearest fire alarm and ensure all participants leave the venue calmly and safely.

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						Those leading must make sure that all exit routes are clearly highlighted and report any issues immediately to the venue. Highlight to all the participants the nearest emergency exit routes at the start of a session, and the importance of leaving calmly in case of an emergency. Avoid build-up of debris in the activity area. Consider accessibility requirements				Once in a safe position to do so, call the emergency services on 999. Any incidents need to be reported as soon as possible ensuring duty manager/health and safety officers have been informed. Follow SUSU incident report policy.

Manual handling, including setting up of equipment. E.g. table and chairs.	Bruising or broken bones from tripping over table and chairs	Meeting organisers and attendees	2	3	6	Make those involved aware of the potential risks, follow manual handling guidelines. Ensure that at least 2 people carry tables or other bulky items. Setting up tables will be done by organisers. Work in teams when handling other large and bulky items. Request tools to support with move of heavy objects from SUSU Facilities/venue. E.g. hand truck, dolly, skates. Make sure anyone with any pre-existing conditions isn't doing any unnecessary lifting and they are comfortable.	1	3	3	Seek assistance if in need of extra help from facilities/venue staff. Seek medical attention from SUSU Reception if in need. All incidents are to be reported as soon as possible ensuring the duty manager/health and safety officer have been informed. Follow <u>SUSU incident report policy</u>
Overcrowding / Inadequate Meeting Space	Physical injury, distress, exclusion	Event organisers and attendees	2	3	6	Do not push/shove If large crowds form, request barriers from SUSU facilities team or external venue to assist with crowd management Committee check on room pre-booking, checks on space,	1	3	3	Seek medical attention if problem arises Liaise with SUSU reception/activities team and UoS Room Booking team on available spaces for meetings

					lighting, access, tech available Use ticketing system for regular sessions/meetings to avoid exceeding venue capacity Ensure space meets needs of members e.g. considering location & accessibility of space (us AccessAble database to check accessibility information) If an open activity, committee will consider all accessibility requirements and ensure that the area chosen is as accessible as possible. Committee to consult members on needs and make reasonable adjustments where possible Provide remote meeting options for members where possible			Postpone meetings where space cannot be found Welfare Officer to complete WIDE training All incidents are to be reported on the as soon as possible ensuring the duty manager/health and safety officer have been informed. Follow SUSU incident report policy
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Electronics	Risk of eye strain, injury, electric shock	Committee and attendees	2	4	8	Ensure regular breaks (ideally every 20mins) when using screens Ensure screen is set up to avoid glare, is at eye height where possible Ensure no liquids are placed near electrical equipment Ensure all leads are secured with cable ties/mats etc	1	4	4	Request support and advice from SUSU IT/Tech teams e.g. via activities team For external venues pre-check equipment and last PAT testing dates Seek medical attention as required

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Accessibility: Entrances and Exits to the chosen area.	Participants may be prevented from attending the activity due to a lack of considerations of accessibility needs and requirements. They could also be prevented from leaving the area quickly in an emergency if the correct infrastructure and considerations have not been made.	Participants, committee	1	5	5	All areas chosen for activity will have their suitability checked. If a closed activity for members, members will be consulted to ensure there are no accessibility requirements. If an open activity, committee will consider all accessibility requirements and ensure that the area chosen is as accessible as possible.	1	5	5	In case of an emergency, call the emergency services on 999. If those with accessibility problems have not been able to exit, make the building manager and emergency services aware. Any incidents need to be reported as soon as possible ensuring duty manager/health and safety officers have been informed. Follow SUSU incident report policy.

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Reputational Risk: For the club or society, as well as to SUSU and the University	Incidents causing reputational damage to the group, Southampton University Students' Union or Southampton University itself. This could be controversial posts, conduct during a game, conduct during social, or anything else that brings the clubs/societies, SUSU or the University's name into disrepute.	The club, SUSU or the University's reputation	2	1	2	Ensuring all parts of this risk assessment are adhered to. Ensuring all members are reminded that they are representing the club/society, SUSU and the University in (usually) branded clothing. Members are reminded that they need to adhere to SUSU's Code of Conduct	1	1	1	Ensure that any incidents involving public or others are recorded and addressed. Report any incidents to the activities team

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Financial Risk: For the club or society, or potentially even SUSU if the club/soc finds itself in difficulty.	Club or society activity costing more than planned, weakening their financial position. Incidents with members of the public, participants, staff or members causing lawsuits and financial penalties.	The club or society Members subject to lawsuits SUSU if required to assist.	1	1	1	Clubs and societies required to complete financial forecasting and budget for the year. All encouraged to review membership fees yearly to ensure they are able to comfortably cover costs. SUSU can offer clubs and societies loans – these will need to be agreed and a payment schedule decided upon. Clubs and societies that have to rely on a loan will be subject to development plans to ensure their future is protected.	1	1	1	

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Legal Compliance: Club or society activity going against set law. This includes breaches of the freedom of speech act	Fines imposed upon the student group as well as SUSU. Jail sentences. Reputational risk to the student group, SUSU and the wider University	The club or society, committee and members, SUSU or the Wider University.	1	1	1	All clubs and societies should ensure they are following set law at all times. If ever in doubt, they will contact the Activities team prior to the activity taking place. All who wish to bring in an external speaker must follow due process, available here This will be looked over by the Activities team, and may require security being consulted and an extra risk assessment being submitted.	1	1	1	

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Medical emergency	Members may sustain injury /become unwell pre-existing medical conditions Sickness Distress	Members	1	5	5	Advise participants; to bring their personal medication Members/Committee to carry out first aid if necessary and <u>only</u> if qualified and confident to do so Contact emergency services as required 111/999 Contact SUSU Reception/Venue staff for first aid support	1	4	4	Incidents are to be reported on the as soon as possible ensuring the duty manager/health and safety officer have been informed. Follow SUSU incident report policy
Socials										

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Socials: Costumes/Fancy Dress	Props/costumes causing injury or offence	Participants Members of the public	2	1	2	Ask members to only bring small items and use sensibly. Members of the society are responsible for their own possessions and the use of them. Choose a theme unlikely to cause offence. Any participant wearing items deemed offensive should be asked to remove these. Society to follow and share with members Code of conduct/SUSU Expect Respect Policy	1	2	2	SUSU Expect Respect policy to be followed Committee WIDE training. Ensure that any incidents involving public or others are recorded and addressed. All incidents are to be reported on the as soon as possible ensuring the duty manager/health and safety officer have been informed. Follow SUSU incident report policy

Alcohol consumption	Participants may become at risk as a result of alcohol consumption Members of the public may act violently towards participants.	Event organisers, event attendees,	2	5	10	Members are responsible for their individual safety though and are expected to act sensibly Initiation behaviour not to be tolerated and drinking games to be discouraged For socials at bars/pubs etc bouncers will be present at most venues. Bar Security staff will need to be alerted and emergency services called as required. Where possible the consumption of alcohol will take place at licensed premises. The conditions on the license will be adhered to and alcohol will not be served to customers who have drunk to excess Committee to select 'student friendly' bars/clubs and contact them in advance to inform them of the event	1	3	5	Follow SUSU incident report policy Call emergency services as required 111/999 Committee WIDE training
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						Society to follow and share with members Code of conduct/SUSU Expect Respect policy				

Socials-Travel	Vehicle's collision -causing serious injury	Event organisers, event attendees, Members of the public	4	3	12	Members are responsible for their individual safety though and are expected to act sensibly Local venues known to University of Southampton (UoS) students chosen Event organisers will be available to direct people between venues. Attendees will be encouraged to identify a 'buddy', this will make it easier for people to stay together. They will be encouraged (but not expected) to look out for one another and check in throughout the night where possible. Avoid large groups of people totally blocking the pavement or spilling in to the road. Anybody in the group who is very drunk or appears unwell and therefore not safe should be encouraged to go home ideally with someone else. If required a taxi will be called	2	2	4	Where possible venues chosen for socials will be local/known to members and within a short distance from each other. Contact emergency services as required 111/999 Incidents are to be reported on the as soon as possible ensuring the duty manager/health and safety officer have been informed. Follow SUSU incident report policy
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						for them (ideally SUSU safety bus will be used, or radio taxis). Be considerate of other pedestrians & road users, keep disturbance & noise down.				

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Travel by car, train, bus, plane when leaving the local area.	Vehicle collision – causing anything from minor to severe injuries, are well as mental health issues.	Members, those driving, members of the public.	2	5	10	Group committee to check that drivers have the relevant licenses and insurance for the mode of travel. This includes if they have completely a SUSU minibus test. Members expected to drive or travel in a sensible manor, with those doing otherwise to face disciplinary action (from the club in the first instance). Can cause reputation issues, especially if driving SUSU branded vehicles. Importance of this to be reminded.	1	5	5	Contact emergency services as required 111/999. Incidents are to be reported as soon as possible ensuring the duty manager/health and safety officer have been informed. Follow SUSU incident report policy

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Socials - Medical emergency	Members may sustain injury /become unwell pre-existing medical conditions Sickness Distress	Members	3	5	15	Advise participants; to bring their personal medication Members/Committee to carry out first aid if necessary and <u>only</u> if qualified and confident to do so Contact emergency services as required 111/999 Contact SUSU Reception/Venue staff for first aid support	2	5	15	Incidents are to be reported on the as soon as possible ensuring the duty manager/health and safety officer have been informed. Follow SUSU incident report policy

Spiked Drinks/Alcohol Poisoning	Illness, loss of consciousness, loss of self-control	Event organisers, event attendees	2	5	10	Committee to supervise meetings/socials and attend each venue. Ideally, they will not drink to excess during the event. Bouncers/trained staff in Pubs should watch for excessive drinking and watch people who are believed to have consumed a lot of alcohol. Report any suspicious behaviour to staff. Participants encouraged to stay with a nominated 'buddy' where possible. The organisers have confirmed the premise is licensed. Action organisers (Part B) The consumption of alcohol will take place at licensed premises. The conditions on the license will be adhered to and alcohol will not be served to	2	3	6	Members are responsible for their individual safety though and are expected to act sensibly when walking around. For anyone who is too inebriated, it will be suggested to them that they should return home rather than continue on the social. Taxis will be called if required (look at SUSU safety bus, Radio Taxis options) If they need to go to the hospital they will also be accompanied there. Participants advised to avoid leaving drinks unattended and if you think anything has been added to a drink; report it; try and retain the drink for testing. All incidents are to be reported as soon as possible ensuring the duty manager/health and safety
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						customers who have drunk to excess. Members/participants are advised to watch their own drinks. <u>Games involving binge drinking or the consumption of excessive amounts of alcohol are not to be undertaken.- Society to follow Code of conduct/Expect Respect policy</u>				officer have been informed. Follow SUSU incident report policy

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Members getting lost or separated. Members leaving an event/activity alone or without notifying others.	During the event participants may decide they want to leave, or they may get lost on the way	Event organisers, event attendees	3	3	9	If a person leaves without warning all efforts will be done to locate them. Stress however that attendees are responsible for their individual safety. Committee to supervise meetings/socials and attend each venue. Ideally, they will not drink to excess during the event. Local venues known to University of Southampton (UoS) students chosen				

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Violent or offensive behaviour	Participants may become violent or offensive due to the consumption of too much alcohol. Members of the public may act violently towards participants.	Event organisers, event attendees,	2	5	10	Bouncers will be present at most venues. Bar Security staff will need to be alerted and emergency services called as required. The consumption of alcohol will take place at licensed premises. The conditions on the license will be adhered to and alcohol will not be served to customers who have drunk to excess Committee to select 'student friendly' bars/clubs and contact them in advance to inform them of the event Society to follow and share with members Code of conduct/SUSU Expect Respect policy	1	3	5	If the situation becomes very serious and results in the participant being arrested then it will be made clear that they cannot be accompanied to the police station. Follow SUSU incident report policy Call emergency services as required

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Adverse weather	Injury, Illness, Slipping, Burns	Event organisers, event attendees,	4	3	12	Lead organiser to check the weather are suitable for activities on the day Warn those attending to prepare by wearing appropriate clothing and footwear e.g. via social media posts, email invites In the case of hot weather organisers to advice participants to bring/wear appropriate level sunscreen, hydrate	4	1	4	If adverse weather is too extreme to be controlled, the event should ultimately be cancelled or postponed to a different date

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Slips, trips and falls as a result of alcohol	Consumption of too much alcohol may result in participants falling and subsequently injuring themselves.	Event organisers, event attendees,	3	2	6	Committee to check that chosen venues meet the following requirements: - Venue is in good condition with no major trip hazards. - Bar staff monitor the condition of the floors & mop up spill drinks. - Security staff & Bar Staff provide first aid cover. DJ's or bands equipment placed so as not to form a trip hazard. Power supply leads taped down.	3	1	3	If necessary, emergency services will be called Request first aid at venue Follow SUSU incident report policy

Events involving Food	Allergies	All	3	5	15	An additional event risk assessment needs to be carried out for gatherings involving members making/and or serving food.	1	5	5	SUSU Food Hygiene Level 2 course available for completion – requests made through form on SharePoint page. Call for first aid/emergency services if required. All incidents are to be reported on the as soon as possible ensuring the duty manager/health and safety officer have been informed. Follow SUSU incident report policy
	Food poisoning					An additional event risk assessment needs to be carried out for events with hired catering services.				
	Choking					Only order/buy food at establishments with appropriate food hygiene (EHO) rating. Food to only be provided/eaten when other activities are stopped. Follow good food hygiene practices – no handling food when ill, tie back hair, wash hands regularly using warm water and soap, refrigerate necessary products. For store-bought items/snacks, keep packaging to hand for ingredient and allergen information.				

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			Likelihood	Impact	Score		Likelihood	Impact	Score	
Trips/slips/falls	Minor injuries – bump/ scrape/ bruise/ muscle sprain	People training or participating in the sessions	3	2	6	Make sure the floor is dry and is sufficiently clean (mop/sweep) before any movement is performed. Correct footwear should be used (trainers with some grip). • Remove any trip hazards.	2	2	4	Adequate time should be used to prepare the space to ensure the safety of those who will train. Have first aid kit available.
Over-extension or over-exertion of muscles, including from acrobatic moves	Strain/sprain/ pulled muscle	People training or participating in the sessions	3	3	9	People training will warm up adequately before doing any movement. Opportunity to warm down will be provided at the end. Movements performed will be within the ability of each individual. Different options will be provided to train more demanding movements at a more basic level, to cater for all abilities.	2	3	6	For more exerting moves, additional warmups may be done. This will be advised by the instructor, but should also be managed by the people training. Have first aid kit available.

PART A										
(1) Risk identification			(2) Risk assessment				(3) Risk management			
Hazard	Potential Consequences	Who might be harmed (user; those nearby; those in the vicinity; members of the public)	Inherent			Control measures (use the risk hierarchy)	Residual			Further controls (use the risk hierarchy)
			Likelihood	Impact	Score		Likelihood	Impact	Score	
Accidental contact with training partner	Minor injuries – bump/ scrape/ bruise/ muscle sprain	People training or participating in the sessions	3	3	9	Care should be taken by the people training. Moves executed should be within the ability of the person training, and with consideration of the level of the other person.	2	2	4	The instructor has the authority to stop the training or game if needed. Have first aid kit available.
Collision with other people who are training	Minor injuries – bump/ scrape/ bruise/ muscle sprain	People training or playing in the sessions	3	2	6	Control should be exercised by the people training. Ensure participants have sufficient space and advise them to be aware of their surroundings	2	2	4	Instructor or other participants to advise participants if they see them training too close to other participants. Have first aid kit available.
Accidents with instruments	Minor injuries – bump/ scrape/ bruise	People training	2	2	4	People should act responsibly with instruments to avoid poking each other.	1	1	2	
Sun exposure	Sunburn	People training	3	3	9	Advise participants to use sun cream if training outside. Advance participants to bring hats to shade themselves	2	2	4	

PART A										
(1) Risk identification			(2) Risk assessment				(3) Risk management			
Hazard	Potential Consequences	Who might be harmed (user; those nearby; those in the vicinity; members of the public)	Inherent			Control measures (use the risk hierarchy)	Residual			Further controls (use the risk hierarchy)
			Likelihood	Impact	Score		Likelihood	Impact	Score	
						from the sun. Care should be taken not to be in direct sunlight for too long.				
Accidental contact with people watching	Minor injuries – bump/ scrape/ bruise	People watching	3	3	9	Committee members should watch for people getting too close and warn them to stay back. The participants form a circle around the players which provides a natural barrier for protection of spectators.	2	2	4	People not training/playing should keep an eye on any crowd/people watching.

PART B – Action Plan

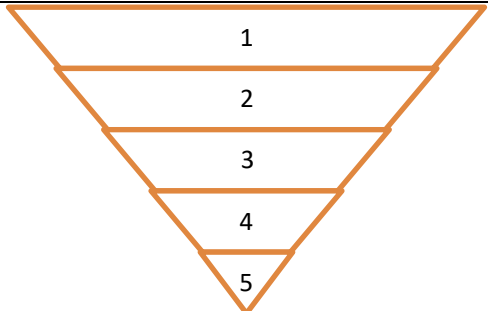
Risk Assessment Action Plan

Part no.	Action to be taken, incl. Cost	By whom	Target date	Review date	Outcome at review date
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1	Individual risk assessments for individual events with higher risk levels and anything not covered by generic assessment. This includes: • Tours • High risk socials • Tech heavy events Events involving home-cooked/prepared food or external catering • Other large or medium- to high risk events e.g. balls, club nights, pub crawls, sporting activities...	Relevant committee members – president to ensure complete.	26/10/2026		
2	Committee to read and share SUSU Expect Respect Policy	Relevant committee members – president to ensure complete.	26/10/2026		
3	Ensure that the floor is suitable to dance on before class ie: no dents or trip hazards in the floor.	Relevant committee members – president to ensure complete.	26/10/2026		
4	Ensure there are regular breaks during class for members to grab water or to rest.		26/10/2026	26/10/2026	

5	Ensure that the place booked has an aid-kit. Otherwise, obtain one and have a committee member look after it and bring it to training. Cost £10.	All the members present during the training sessions.	26/10/2026	26/10/2026	
6	Review the identified risks and ensure that all the members can minimise the possibility of such risks. Cost £0	All the members present during training sessions.	26/10/2026	26/10/2026	
Responsible committee member signature: (committee member signatures/name) Anthony De Vitis At least 2 committee members need to sign Part B Print name: (committee member name) Anthony De Vitis Date: 26/10/2026				(second committee member signature/name) Stephen Tayag At least 2 committee members need to sign Part B Print name: (second committee member name) Stephen Tayag Date: 26/10/2026	

Assessment Guidance

1. Eliminate	Remove the hazard wherever possible which negates the need for further controls	If this is not possible then explain why	
2. Substitute	Replace the hazard with one less hazardous	If not possible then explain why	
3. Physical controls	Examples: enclosure, fume cupboard, glove box	Likely to still require admin controls as well	
4. Admin controls	Examples: training, supervision, signage		
5. Personal protection	Examples: respirators, safety specs, gloves	Last resort as it only protects the individual	

LIKELIHOOD	5	5	10	15	20	25
	4	4	8	12	16	20
	3	3	6	9	12	15
	2	2	4	6	8	10
	1	1	2	3	4	5
	1	2	3	4	5	
	IMPACT					

Risk process

1. Identify the impact and likelihood using the tables above.
2. Identify the risk rating by multiplying the Impact by the likelihood using the coloured matrix.
3. If the risk is amber or red – identify control measures to reduce the risk to as low as is reasonably practicable.
4. If the residual risk is green, additional controls are not necessary.
5. If the residual risk is amber the activity can continue but you must identify and implement further controls to reduce the risk to as low as reasonably practicable.
6. If the residual risk is red do not continue with the activity until additional controls have been implemented and the risk is reduced.
7. Control measures should follow the risk hierarchy, where appropriate as per the pyramid above.
8. The cost of implementing control measures can be taken into account but should be proportional to the risk i.e. a control to reduce low risk may not need to be carried out if the cost is high but a control to manage high risk means that even at high cost the control would be necessary.

Impact		Health & Safety
1	Trivial - insignificant	Very minor injuries e.g. slight bruising
2	Minor	Injuries or illness e.g. small cut or abrasion which require basic first aid treatment even in self-administered.
3	Moderate	Injuries or illness e.g. strain or sprain requiring first aid or medical support.
4	Major	Injuries or illness e.g. broken bone requiring medical support >24 hours and time off work >4 weeks.
5	Severe - extremely significant	Fatality or multiple serious injuries or illness requiring hospital admission or significant time off work.

Likelihood	
1	Rare e.g. 1 in 100,000 chance or higher
2	Unlikely e.g. 1 in 10,000 chance or higher
3	Possible e.g. 1 in 1,000 chance or higher
4	Likely e.g. 1 in 100 chance or higher
5	Very Likely e.g. 1 in 10 chance or higher

