

Risk Assessment

Risk Assessment for the activity of	Southampton Medics Rugby Club	Date	19/06/22
Unit/Faculty/Directorate		Assessor	Opeyemi Idowu
Line Manager/Supervisor	Dan Witchell	Signed off	

PART A										
(1) Risk identification			(2) Risk assessment				(3) Risk management			
Hazard	Potential Consequences	Who might be harmed (user; those nearby; those in the vicinity; members of the public)	Inherent			Control measures (use the risk hierarchy)	Residual			Further controls (use the risk hierarchy)
			Likelihood	Impact	Score		Likelihood	Impact	Score	
Condition of playing surface and adverse weather conditions	Poor conditions can lead to an increased risk of injury, from slips, trips, and falls.	All individuals	3	2	6	Inspection of the surface to ensure it safe for the session and not training when pitches are flooded and not safe for use.	1	2	2	<p>If adverse weather is too extreme to be controlled, the event can ultimately be changed to a different date Club/society to follow and adhere to advice given by venue</p> <p>Ask event coordinators to report any issues with courts/pitches to myself and sports and wellbeing. If pitch/court is dangerous to cancel that pitch/courts activities.</p>

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Impact injuries during contact	Injury to mouth, ears and face during tackles, scrums, and rucks. More serious injuries can include concussions from contact to the head.	All individuals	3	4	12	All players using correct technique and tackling as low as possible. Gum shields and to be worn by all players during contact activities First aid on site.	2	3	6	England Rugby Headcase concussion guidelines are in place, and we have received training on how to manage concussions appropriately.
Pre-existing medical conditions	Pre-existing medical conditions may be aggravated due to physical activity.	Members with pre-existing medical conditions.	1	3	3	Ensure participants are medically fit to participate, enquire in sensitive and confidential manner	1	2	2	
Scrums	Neck/ Back injuries from incorrect or poor technique as well as inadvertent accidents.	All individuals	3	3	9	In a game situation if a scrum member is injured and there is no replacement who has been training in the scrum then all future scrums should be unopposed. Front row players are encouraged to wear scrum caps.	1	2	2	


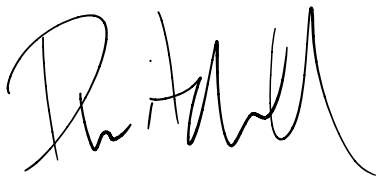
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Road accident	Accident due to travel to/from matches may result in injury to players.	All individuals and those in the vicinity of the vehicle.	1	5	5	Drivers must have valid driving license and if driving a SUSU minibus have passed the SUSU minibus test. Driver will inform DVLA of any pre-existing medical conditions that may affect their driving. Drivers must adhere to reasonable working hours, and take a 15-minute break for every 2-hours of driving. Driver will not drive if under the influence of alcohol, drugs or medication.	1	3	3	
Strains and Injuries during and after play	Injuries and muscles strains that prevent players from continuing activity and may require medical treatment in more serious cases.	All playing individuals.	2	2	4	Recognised Coaching methods used Adequate Warn Up and Cool Down Participants Wearing Suitable Clothing and Footwear Access to Qualified First Aider, First Aid Kit	1	2	2	

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Theft	Loss of personal property at other club venues.	All Individuals	2	3	6	All players will be encouraged to not leave personal valuables unattended	1	3	3	
Rugby Posts / Corner Flags	Cuts and collision with equipment		2	2	4	Making sure equipment is set up correctly for training and matches. Make sure equipment meets National Standards. All equipment is to be checked before use and ensure post protectors are being used	1	1	3	Sports and wellbeing/venue check the condition of the pitches/area are suitable for activities daily and prior to each game.

PART B - Action Plan

Risk Assessment Action Plan

Part no.	Action to be taken, incl. Cost	By whom	Target date	Review date	Outcome at review date
1	Clean any hazards on court and suspend play in the case of wet and unsafe pitch	Director of Rugby	06/09/22	26/05/23	

2	Players to be advised to wear appropriate protection including gum shields, scrum caps and boots with correct studs.	Director of Rugby	06/09/22	26/05/23	
3	Notify sessions leads of any pre-existing medical conditions or relevant information.	Director of Rugby	06/09/22	26/05/23	
4	Teaching of safe technique and briefing of care to be taken	Director of Rugby	06/09/22	26/05/23	
5	Club secretary to check all drivers have clean driving license and any mini-bus drivers to have passed test	Secretary and director or Rugby	06/09/22	26/05/23	
6	Ensure adequate warm and cool down before and after activity.	Sports and Conditioning representative	06/09/22	26/05/23	
7	Members to be advised not to leave valuables unattended and to lock away if possible.	Director of Rugby	06/09/22	26/05/23	
8	All equipment is to be checked before use and ensure post protectors are been used	Director of Rugby	06/09/22	26/05/23	
Responsible manager's signature:			Responsible manager's signature:		
					
Print name: OPEYEMI IDOWU			Print name: DAN WITCHELL		
Date: 19/06/22			Date: 19/06/22		

Assessment Guidance

1. Eliminate	Remove the hazard wherever possible which negates the need for further controls	If this is not possible then explain why	
2. Substitute	Replace the hazard with one less hazardous	If not possible then explain why	
3. Physical controls	Examples: enclosure, fume cupboard, glove box	Likely to still require admin controls as well	
4. Admin controls	Examples: training, supervision, signage		
5. Personal protection	Examples: respirators, safety specs, gloves	Last resort as it only protects the individual	

	5	10	15	20	25
5	5	10	15	20	25
4	4	8	12	16	20
3	3	6	9	12	15
2	2	4	6	8	10
1	1	2	3	4	5
	1	2	3	4	5

IMPACT

Impact		Health & Safety
1	Trivial - insignificant	Very minor injuries e.g. slight bruising
2	Minor	Injuries or illness e.g. small cut or abrasion which require basic first aid treatment even in self-administered.
3	Moderate	Injuries or illness e.g. strain or sprain requiring first aid or medical support.
4	Major	Injuries or illness e.g. broken bone requiring medical support >24 hours and time off work >4 weeks.

5	Severe - extremely significant	Fatality or multiple serious injuries or illness requiring hospital admission or significant time off work.
Likelihood		
1		Rare e.g. 1 in 100,000 chance or higher
2		Unlikely e.g. 1 in 10,000 chance or higher
3		Possible e.g. 1 in 1,000 chance or higher
4		Likely e.g. 1 in 100 chance or higher
5		Very Likely e.g. 1 in 10 chance or higher

