

## Risk Assessment

<b>Risk Assessment for the activity of</b>	Southampton University Hospital Rugby Football Club	<b>Date</b>	17/08/2023
<b>Unit/Faculty/Directorate</b>	SUSU	<b>Assessor</b>	Thomas Scott
<b>President/Captain Name/2<sup>nd</sup> Committee Member</b>	Jack Kember	<b>Signed off (SUSU Staff)</b>	
<b>Club or Team Information</b>			

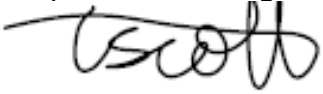

<b>PART A</b>											
<b>(1) Risk identification</b>			<b>(2) Risk assessment</b>				<b>(3) Risk management</b>				
<b>Hazard</b>	<b>Potential Consequences</b>	<b>Who might be harmed  (user; those nearby; those in the vicinity; members of the public)</b>	<b>Inherent</b>			<b>Control measures (use the risk hierarchy)</b>	<b>Residual</b>			<b>Further controls (use the risk hierarchy)</b>	
			<b>Likelihood</b>	<b>Impact</b>	<b>Score</b>		<b>Likelihood</b>	<b>Impact</b>	<b>Score</b>		
<b>Activity</b>											
Condition of playing surface and adverse weather conditions	Poor conditions can lead to an increased risk of injury, from slips, trips, and falls.	All individuals	3	2	6	Inspection of the surface to ensure it safe for the session and not training when pitches are flooded and not safe for use.	1	2	2	If adverse weather is too extreme to be controlled, the event can ultimately be changed to a different date Club/society to follow and adhere to advice given by venue Ask event coordinators to report any issues with courts/pitches to myself and sports and wellbeing. If pitch/court is dangerous to cancel that pitch/courts activities.	
Impact injuries during contact	Injury to mouth, ears and face during tackles, scrums, and rucks. More serious injuries can include concussions from	All individuals	3	4	12	All players using correct technique and tackling as low as possible. Gum shields and to be worn by all players during contact activities First aid on site.	2	3	6	England Rugby Headcase concussion guidelines are in place, and we have received training on how to manage concussions appropriately	

	contact to the head.								
Pre-existing medical conditions	Pre-existing medical conditions may be aggravated due to physical activity.	Members with pre-existing medical conditions.	1	3	3	Ensure participants are medically fit to participate, enquire in sensitive and confidential manner	1	2	2
Scrum	Neck/ Back injuries from incorrect or poor technique as well as inadvertent accidents.	All participants of the scrum	3	3	9	In a game situation if a scrum member is injured and there is no replacement who has been training in the scrum then all future scrums should be unopposed. Front row players are encouraged to wear scrum caps.	1	2	2
Road accident	Accident due to travel to/from matches may result in injury to players.	All individuals and those in the vicinity of the vehicle.	1	5	5	Drivers must have valid driving license and if driving a SUSU minibus have passed the SUSU minibus test. Driver will inform DVLA of any pre-existing medical conditions that may affect their driving. Drivers must adhere to reasonable working hours, and take a 15- minute break for every 2-hours of driving. Driver will not drive if under the influence of alcohol, drugs or medication	1	3	3

Strains and Injuries during and after play	Injuries and muscles strains that prevent players from continuing activity and may require medical treatment in more serious cases.	All playing individuals.	2	2	4	Recognised Coaching methods used Adequate Warn Up and Cool Down Participants Wearing Suitable Clothing and Footwear Access to Qualified First Aider, First Aid Kit	1	2	2	
Theft	Loss of personal property at other club venues.	All Individuals	2	3	6	All players will be encouraged to not leave personal valuables unattended	1	3	3	
Rugby Posts / Corner Flags	Cuts and collision with equipment	All individuals	2	2	4	Making sure equipment is set up correctly for training and matches. Make sure equipment meets National Standards. All equipment is to be checked before use and ensure post protectors are being used	1	3	3	Sports and wellbeing/venue check the condition of the pitches/area are suitable for activities daily and prior to each game.

**PART B – Action Plan**

## Risk Assessment Action Plan

Part no.	Action to be taken, incl. Cost	By whom	Target date	Review date	Outcome at review date
1	Clean any hazards on court and suspend play in the case of wet and unsafe pitch	Director of Rugby	05/09/2023	25/05/2024	
2	Players to be advised to wear appropriate protection including gum shields, scrum caps and boots with correct studs.	Director of Rugby	05/09/2023	25/05/2024	
3	Notify sessions leads of any pre-existing medical conditions or relevant information	Director of Rugby	05/09/2023	25/05/2024	
4	Teaching of safe technique and briefing of care to be taken	Director of Rugby	05/09/2023	25/05/2024	
5	Club secretary to check all drivers have clean driving license and any mini-bus drivers to have passed test	Secretary and Director of Rugby	05/09/2023	25/05/2024	
6	Ensure adequate warm and cool down before and after activity.	Sports and conditioning representative	05/09/2023	25/05/2024	
7	Members to be advised not to leave valuables unattended and to lock away if possible.	Director of Rugby	05/09/2023	25/05/2024	
8	All equipment is to be checked before use and ensure post protectors are been used	Director of Rugby	05/09/2023	25/05/2024	
Responsible manager's signature:				Responsible manager's signature:	
					

Print name: THOMAS SCOTT	Date: 17/08/23	Print name: JACK KEMBER	Date: 17/08/23
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### Assessment Guidance

1. Eliminate	Remove the hazard wherever possible which negates the need for further controls	If this is not possible then explain why	
2. Substitute	Replace the hazard with one less hazardous	If not possible then explain why	
3. Physical controls	Examples: enclosure, fume cupboard, glove box	Likely to still require admin controls as well	
4. Admin controls	Examples: training, supervision, signage		
5. Personal protection	Examples: respirators, safety specs, gloves	Last resort as it only protects the individual	

LIKELIHOOD	5	5	10	15	20	25
	4	4	8	12	16	20
	3	3	6	9	12	15
	2	2	4	6	8	10
	1	1	2	3	4	5
		1	2	3	4	5
		IMPACT				

Impact		Health & Safety
1	Trivial - insignificant	Very minor injuries e.g. slight bruising
2	Minor	Injuries or illness e.g. small cut or abrasion which require basic first aid treatment even in self-administered.
3	Moderate	Injuries or illness e.g. strain or sprain requiring first aid or medical support.
4	Major	Injuries or illness e.g. broken bone requiring medical support >24 hours and time off work >4 weeks.
5	Severe - extremely significant	Fatality or multiple serious injuries or illness requiring hospital admission or significant time off work.

### Risk process

1. Identify the impact and likelihood using the tables above.
2. Identify the risk rating by multiplying the Impact by the likelihood using the coloured matrix.
3. If the risk is amber or red – identify control measures to reduce the risk to as low as is reasonably practicable.
4. If the residual risk is green, additional controls are not necessary.
5. If the residual risk is amber the activity can continue but you must identify and implement further controls to reduce the risk to as low as reasonably practicable.
6. If the residual risk is red do not continue with the activity until additional controls have been implemented and the risk is reduced.
7. Control measures should follow the risk hierarchy, where appropriate as per the pyramid above.
8. The cost of implementing control measures can be taken into account but should be proportional to the risk i.e. a control to reduce low risk may not need to be carried out if the cost is high but a control to manage high risk means that even at high cost the control would be necessary.

Likelihood	
1	Rare e.g. 1 in 100,000 chance or higher
2	Unlikely e.g. 1 in 10,000 chance or higher
3	Possible e.g. 1 in 1,000 chance or higher
4	Likely e.g. 1 in 100 chance or higher
5	Very Likely e.g. 1 in 10 chance or higher